

# TRIMINATOR RADKÓW TERMINACJA

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie, LABOSPORT Polska sp. z o.o.  
 Data: 09-07-2017  
 Dystans: 1/8 IM  
 Miejscowość: RADKÓW



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość          | Klub                                      | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie      | T1       | Rower         | T2       | Bieg          | Wynik    | M  | K | Kara |
|------|---------|-----------------------|----------------------|---|------|------------|-----------|------------|---------------|----------|---------------|----------|---------------|----------|----|---|------|
| 1    | 387     | AUGUSTYNIAK KRZYSZTOF | POLKOWICE            | LABOSPORT TEAM MKS PLETVAL POLKOWICE      | POL  | 1981       | M30       | 1          | 00:06:01 (1)  | 00:01:14 | 00:42:02 (1)  | 00:00:55 | 00:18:44 (1)  | 01:08:56 | 1  |   |      |
| 2    | 356     | PAJOR BARTOSZ         | WROCLAW              | GVT GVT PM RIDER ADSYSTEM                 | POL  | 1984       | M30       | 2          | 00:08:37 (27) | 00:01:32 | 00:42:44 (2)  | 00:00:57 | 00:22:01 (6)  | 01:15:51 | 2  |   |      |
| 3    | 345     | PIETRAS ADAM          | KEDZIERZYN-KOZLE     | KUMPLE GRZMOTKA                           | POL  | 1998       | M18       | 1          | 00:07:10 (8)  | 00:01:44 | 00:44:51 (4)  | 00:00:57 | 00:21:32 (4)  | 01:16:14 | 3  |   |      |
| 4    | 281     | LIGOCCI TOMASZ        | SIEMIANOWICE ŚLĄSKIE | CHOP ZE ŻELAZA TRI TEAM                   | POL  | 1969       | M40       | 1          | 00:07:09 (7)  | 00:01:38 | 00:45:15 (5)  | 00:01:14 | 00:22:28 (9)  | 01:17:44 | 4  |   |      |
| 5    | 369     | KUCZMA STAŚ           | GORTATOWO            | AZS AWF POZNAŃ                            | POL  | 2001       | M16       | 1          | 00:06:43 (3)  | 00:01:19 | 00:45:42 (6)  | 00:00:56 | 00:23:11 (13) | 01:17:51 | 5  |   |      |
| 6    | 334     | CHYŁKOWSKI FILIP      | MICHAŁOWICE          | TRIATHLON YMCA KRAKÓW                     | POL  | 2001       | M16       | 2          | 00:06:56 (5)  | 00:01:23 | 00:47:37 (9)  | 00:01:00 | 00:21:08 (3)  | 01:18:04 | 6  |   |      |
| 7    | 354     | DYKSZAK FILIP         | WIELICZKA            | KT WATER KNIGHTS ZABIERZOW                | POL  | 1983       | M30       | 3          | 00:08:04 (19) | 00:01:32 | 00:45:55 (7)  | 00:01:13 | 00:22:51 (11) | 01:19:35 | 7  |   |      |
| 8    | 338     | WYRWIŃSKA JADWIGA     | DRUŻYNA              | AZS AWF POZNAŃ                            | POL  | 2001       | K16       | 1          | 00:07:16 (10) | 00:01:21 | 00:47:58 (12) | 00:01:04 | 00:22:08 (8)  | 01:19:47 |    | 1 |      |
| 9    | 347     | RADECKI MACIEJ        | WROCLAW              | TRIBITION TEAM                            | POL  | 1982       | M30       | 4          | 00:08:33 (24) | 00:01:24 | 00:46:31 (8)  | 00:00:57 | 00:22:32 (10) | 01:19:57 | 8  |   |      |
| 10   | 398     | OGORZALEK JAKUB       | NOWA RUDA            | MKS DUSZNIKI ZDRÓJ SMS DUSZNIKI ZDRÓJ     | POL  | 2001       | M16       | 3          | 00:08:35 (25) | 00:02:01 | 00:43:02 (3)  | 00:01:02 | 00:25:59 (29) | 01:20:39 | 9  |   |      |
| 11   | 393     | SZMAJDUCH MARIUSZ     | MYSŁOWICE            | SILESIA RUNNERS CLUB                      | POL  | 1986       | M30       | 5          | 00:09:24 (38) | 00:01:49 | 00:48:47 (13) | 00:01:22 | 00:20:35 (2)  | 01:21:57 | 10 |   |      |
| 12   | 375     | STRUK MACIEJ          | WROCLAW              | DREAM RUN STRUŚ                           | POL  | 1979       | M30       | 6          | 00:08:35 (26) | 00:02:13 | 00:47:45 (10) | 00:01:15 | 00:23:06 (12) | 01:22:54 | 11 |   |      |
| 13   | 358     | STODÓŁKA SZYMON       | WROCLAW              | INTIVE WTT                                | POL  | 1986       | M30       | 7          | 00:08:54 (32) | 00:01:28 | 00:47:48 (11) | 00:01:14 | 00:23:48 (15) | 01:23:12 | 12 |   |      |
| 14   | 400     | KRZEMIŃSKA MARIOLA    | KĘDZIERZYN-KOŻŁE     | LITWIN TRIATHLON TEAM SALI                | POL  | 1992       | K18       | 1          | 00:06:51 (4)  | 00:01:18 | 00:50:51 (22) | 00:01:09 | 00:23:31 (14) | 01:23:40 |    | 2 |      |
| 15   | 359     | ŚMIETANA MARCIN       | WROCLAW              |   | POL  | 1975       | M40       | 2          | 00:07:14 (9)  | 00:01:48 | 00:50:02 (17) | 00:01:28 | 00:24:22 (19) | 01:24:54 | 13 |   |      |
| 16   | 380     | GRAJEK KRZYSZTOF      | UNISŁAW ŚLĄSKI       |   | POL  | 1980       | M30       | 8          | 00:08:15 (21) | 00:01:52 | 00:49:50 (16) | 00:01:18 | 00:24:09 (18) | 01:25:24 | 14 |   |      |
| 17   | 335     | STAFIEJ FILIP         | LEGIONOWO            | WNIEBOWZIECI                              | POL  | 1976       | M40       | 3          | 00:07:32 (13) | 00:01:55 | 00:52:52 (31) | 00:01:05 | 00:22:07 (7)  | 01:25:31 | 15 |   |      |
| 18   | 328     | CZERNIK ARTUR         | BIERUŃ               | GOMOLA TRANS AIRCO                        | POL  | 1986       | M30       | 9          | 00:08:47 (31) | 00:01:23 | 00:50:05 (19) | 00:01:14 | 00:24:03 (17) | 01:25:32 | 16 |   |      |
| 19   | 399     | RUDNIK TOMASZ         | ŻARÓW                | GVT                                       | POL  | 1979       | M30       | 10         | 00:10:13 (52) | 00:01:46 | 00:50:10 (20) | 00:01:49 | 00:21:36 (5)  | 01:25:34 | 17 |   |      |
| 20   | 391     | PRZYŚLEWICZ ŁUKASZ    | TARNOWO PODGÓRNE     | UCZNIOWSKI KLUB SPORTOWY"LUSOWO" UCZNIOWS | POL  | 2001       | M16       | 4          | 00:07:31 (12) | 00:01:12 | 00:51:35 (26) | 00:00:49 | 00:24:50 (24) | 01:25:57 | 18 |   |      |
| 21   | 389     | OSSOWSKI ŁUKASZ       | TARNOWO PODGÓRNE     | UCZNIOWSKI KLUB SPORTOWY"LUSOWO" UCZNIOWS | POL  | 2001       | M16       | 5          | 00:08:21 (22) | 00:00:59 | 00:49:27 (15) | 00:00:58 | 00:26:26 (34) | 01:26:11 | 19 |   |      |
| 22   | 382     | PASZEK SEBASTIAN      | WROCLAW              |   | POL  | 1982       | M30       | 11         | 00:07:42 (16) | 00:01:43 | 00:50:30 (21) | 00:01:17 | 00:25:47 (27) | 01:26:59 | 20 |   |      |
| 23   | 322     | BADEWICZ TOMASZ       | KRAPKOWICE           | GARAGE JIM BEAM                           | POL  | 1986       | M30       | 12         | 00:08:46 (30) | 00:01:37 | 00:50:51 (23) | 00:01:24 | 00:24:31 (20) | 01:27:09 | 21 |   |      |
| 24   | 362     | JANISZEWSKI ARKADIUSZ | ŚRODA ŚLĄSKA         | GRUPA TRIATHLONOWA RAT                    | POL  | 1971       | M40       | 4          | 00:09:48 (43) | 00:02:12 | 00:50:04 (18) | 00:01:52 | 00:24:45 (23) | 01:28:41 | 22 |   |      |
| 25   | 303     | PIŁKOWSKI PAWEŁ       | BIALYSTOK            | LABOSPORT TEAM                            | POL  | 1983       | M30       | 13         | 00:08:43 (29) | 00:01:42 | 00:50:59 (24) | 00:01:04 | 00:26:47 (41) | 01:29:15 | 23 |   |      |
| 26   | 374     | STENCEL GRZEGORZ      | WARSZAWA             |   | POL  | 1983       | M30       | 14         | 00:08:01 (18) | 00:01:57 | 00:53:37 (33) | 00:01:17 | 00:24:40 (21) | 01:29:32 | 24 |   |      |
| 27   | 363     | KITKOWSKI ARKAADIUSZ  | ŁĄDEK ZDRÓJ          | SUPERSNOW SUPERSNOW                       | POL  | 1976       | M40       | 5          | 00:09:14 (33) | 00:02:05 | 00:51:13 (25) | 00:01:09 | 00:26:33 (37) | 01:30:14 | 25 |   |      |
| 28   | 351     | KIEŁBASA TOMASZ       | BIELSKO-BIAŁA        |   | POL  | 1986       | M30       | 15         | 00:08:30 (23) | 00:04:21 | 00:49:03 (14) | 00:01:45 | 00:26:48 (42) | 01:30:27 | 26 |   |      |
| 29   | 367     | ŁASZUK FILIP          | ŚWIDNICA             |   | POL  | 2000       | M16       | 6          | 00:07:00 (6)  | 00:01:41 | 00:51:38 (27) | 00:01:09 | 00:29:29 (62) | 01:30:57 | 27 |   |      |
| 30   | 332     | SOKOŁOWSKI GRZEGORZ   | BRZEG                | POLARIS POLARIS POLAND SP. Z O.O.         | POL  | 1988       | M18       | 2          | 00:08:41 (28) | 00:02:23 | 00:52:38 (29) | 00:01:38 | 00:26:15 (32) | 01:31:35 | 28 |   |      |
| 31   | 305     | SZPOCINSKA SYLWIA     | WROCLAW              | GT RAT                                    | POL  | 1984       | K30       | 1          | 00:07:23 (11) | 00:02:08 | 00:56:32 (42) | 00:01:12 | 00:24:42 (22) | 01:31:57 |    | 3 |      |
| 32   | 397     | OGORZALEK ARKADIUSZ   | NOWA RUDA            | POLIAMID SKI TEAM                         | POL  | 1966       | M50       | 1          | 00:09:44 (42) | 00:02:30 | 00:52:45 (30) | 00:01:18 | 00:26:36 (39) | 01:32:53 | 29 |   |      |
| 33   | 385     | SARNA-POHREBNY AGATA  | NOWY TARG            |   | POL  | 1983       | K30       | 2          | 00:09:16 (35) | 00:02:17 | 00:54:21 (37) | 00:01:15 | 00:26:19 (33) | 01:33:28 |    | 4 |      |
| 34   | 366     | LECH ŁUKASZ           | KOBIERZYCE           |   | POL  | 1981       | M30       | 16         | 00:12:03 (73) | 00:02:41 | 00:52:00 (28) | 00:01:46 | 00:26:02 (30) | 01:34:32 | 30 |   |      |
| 35   | 390     | BOCHNAK WERONIKA      | TARNOWO PODGÓRNE     | UCZNIOWSKI KLUB SPORTOWY"LUSOWO" UCZNIOWS | POL  | 2001       | K16       | 2          | 00:08:04 (20) | 00:01:25 | 00:55:05 (39) | 00:01:26 | 00:28:41 (57) | 01:34:41 |    | 5 |      |
| 36   | 349     | KLEMENTOWSKI JAN      | WROCLAW              | KLEMENS TEAM                              | POL  | 1976       | M40       | 6          | 00:07:39 (15) | 00:03:52 | 00:53:15 (32) | 00:01:23 | 00:28:38 (56) | 01:34:47 | 31 |   |      |
| 37   | 396     | KOŁODZIEJ PIOTR       | ZGORZELEC            | CM MEDAKTIV                               | POL  | 1970       | M40       | 7          | 00:09:50 (44) | 00:02:45 | 00:54:05 (35) | 00:01:42 | 00:26:30 (36) | 01:34:52 | 32 |   |      |
| 38   | 323     | PRON ADAM             | KATOWICE             | IPRONMAN PRECISION HR                     | POL  | 1975       | M40       | 8          | 00:09:37 (41) | 00:02:39 | 00:55:51 (41) | 00:01:28 | 00:25:30 (26) | 01:35:05 | 33 |   |      |
| 39   | 306     | KONOPSKI ADAM         | JERZMANOWA           | MTS DRUŻYNA SZPIKU KGHM                   | POL  | 1972       | M40       | 9          | 00:11:42 (69) | 00:03:19 | 00:53:38 (34) | 00:02:13 | 00:24:52 (25) | 01:35:44 | 34 |   |      |
| 40   | 314     | KASPRZYK PATRYCJA     | WAŁBRZYCH            | BIEGAJ-ZAPOBIEGAJ                         | POL  | 1986       | K30       | 3          | 00:10:20 (53) | 00:02:28 | 00:55:13 (40) | 00:01:43 | 00:26:28 (35) | 01:36:12 |    | 6 |      |
| 41   | 378     | WYSOCZAŃSKI PAWEŁ     | WOŁÓW                | PCC SQUAD                                 | POL  | 1990       | M18       | 3          | 00:09:22 (37) | 00:03:10 | 00:56:35 (43) | 00:01:03 | 00:26:07 (31) | 01:36:17 | 35 |   |      |
| 42   | 317     | SMAGAŁA WOJCIECH      | WROCLAW              | SMAGI TEAM                                | POL  | 1981       | M30       | 17         | 00:10:30 (56) | 00:02:44 | 00:54:17 (36) | 00:01:43 | 00:27:11 (45) | 01:36:25 | 36 |   |      |

# TRIMINATOR RADKÓW TERMINACJA

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie, LABOSPORT Polska sp. z o.o.  
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 Dystans: 1/8 IM  
 Miejscowość: RADKÓW



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość      | Klub                                      | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie      | T1       | Rower         | T2       | Bieg          | Wynik    | M  | K  | Kara     |
|------|---------|-----------------------|------------------|---|------|------------|-----------|------------|---------------|----------|---------------|----------|---------------|----------|----|----|----------|
| 43   | 388     | MONASTYRSKY BORYS     | TARNOWO PODGÓRNE | UCZNIOWSKI KLUB SPORTOWY"ŁUSOWO" UCZNIOWS | POL  | 1966       | M50       | 2          | 00:07:35 (14) | 00:01:21 | 00:58:46 (52) | 00:01:20 | 00:27:42 (48) | 01:36:44 | 37 |    |          |
| 44   | 302     | DYRO RAFAŁ            | GNIEW            |   | POL  | 1979       | M30       | 18         | 00:09:53 (46) | 00:02:59 | 00:59:32 (57) | 00:01:19 | 00:23:58 (16) | 01:37:41 | 38 |    |          |
| 45   | 395     | BRYZEK ARNOLD         | WARSZAWA         |   | POL  | 1970       | M40       | 10         | 00:07:49 (17) | 00:01:45 | 00:57:31 (47) | 00:01:53 | 00:29:00 (59) | 01:37:58 | 39 |    |          |
| 46   | 392     | WALCZAK PAULINA       | ŚWIDNICA         | KOLOSEUM                                  | POL  | 1988       | K18       | 2          | 00:09:52 (45) | 00:02:44 | 00:58:07 (49) | 00:01:29 | 00:25:53 (28) | 01:38:05 |    | 7  |          |
| 47   | 320     | UBYCH MARCIN          | BIELAWA          | TAKTYCZNYMEDICAL.PL                       | POL  | 1985       | M30       | 19         | 00:11:06 (64) | 00:02:28 | 00:54:59 (38) | 00:01:50 | 00:27:54 (49) | 01:38:17 | 40 |    |          |
| 48   | 350     | NIEDZIEMSKA KATARZYNA | WROCŁAW          | LITWIN TRIATHLON TEAM (LTT)               | POL  | 1990       | K18       | 3          | 00:09:33 (40) | 00:01:37 | 00:57:59 (48) | 00:01:15 | 00:28:08 (52) | 01:38:32 |    | 8  |          |
| 49   | 355     | KARWACKA ALEKSANDRA   | BIALYSTOK        | IRONWOMAN FIT/ TRENERFIT.PL               | POL  | 1990       | K18       | 4          | 00:10:26 (54) | 00:01:49 | 00:58:54 (53) | 00:01:26 | 00:27:14 (46) | 01:39:49 |    | 9  |          |
| 50   | 357     | KALITA KATARZYNA      | STANOWICE        | GLKS ŚWIDNICA                             | POL  | 1989       | K18       | 5          | 00:10:49 (61) | 00:01:49 | 00:58:38 (51) | 00:01:07 | 00:28:00 (50) | 01:40:23 |    | 10 |          |
| 51   | 371     | DURA MARTYNA          | RAKOWNIA         | KRUCI TEAM                                | POL  | 1988       | K18       | 6          | 00:09:57 (47) | 00:02:33 | 00:59:17 (54) | 00:01:43 | 00:27:27 (47) | 01:40:57 |    | 11 |          |
| 52   | 340     | SIELICKI KRZYSZTOF    | MYSIADLO         |   | POL  | 1981       | M30       | 20         | 00:13:15 (81) | 00:02:34 | 00:57:06 (45) | 00:01:38 | 00:26:37 (40) | 01:41:10 | 41 |    |          |
| 53   | 316     | GORCZYCA JOANNA       | WROCŁAW          |   | POL  | 1983       | K30       | 4          | 00:10:58 (63) | 00:02:11 | 00:56:47 (44) | 00:01:34 | 00:30:42 (65) | 01:42:12 |    | 12 |          |
| 54   | 361     | KOPACZ MIROSLAW       | POZNAŃ           |   | POL  | 1955       | M60       | 1          | 00:10:00 (48) | 00:03:37 | 01:00:27 (59) | 00:01:34 | 00:26:35 (38) | 01:42:13 | 42 |    |          |
| 55   | 368     | BEDNARCZYK PAWEŁ      | WROCŁAW          |   | POL  | 1994       | M18       | 4          | 00:06:27 (2)  | 00:02:56 | 01:02:51 (64) | 00:01:56 | 00:29:12 (61) | 01:43:22 | 43 |    |          |
| 56   | 330     | KUCZKOWSKI SŁAWOMIR   | WROCŁAW          | OPERA SOFTWARE                            | POL  | 1981       | M30       | 21         | 00:09:20 (36) | 00:02:48 | 00:57:13 (46) | 00:01:05 | 00:33:02 (77) | 01:43:28 | 44 |    |          |
| 57   | 333     | SOSZYŃSKI TOMASZ      | GOGOLIN          | POLARIS POLARIS                           | POL  | 1982       | M30       | 22         | 00:10:40 (58) | 00:02:42 | 00:58:27 (50) | 00:01:31 | 00:31:34 (70) | 01:44:54 | 45 |    |          |
| 58   | 325     | SOWIŃSKA AGATA        | BIERUŃ           |   | POL  | 1985       | K30       | 5          | 00:11:40 (68) | 00:02:57 | 01:02:35 (63) | 00:01:36 | 00:26:50 (43) | 01:45:38 |    | 13 |          |
| 59   | 329     | SOLECKI TOMASZ        | BIERUŃ           | GOMOLATRANSAIRCO                          | POL  | 1979       | M30       | 23         | 00:11:40 (67) | 00:02:58 | 01:02:34 (62) | 00:01:36 | 00:27:00 (44) | 01:45:48 | 46 |    |          |
| 60   | 383     | SZUMNY ŁUKASZ         | PAKOŚLAW         | AJAN IRON TEAM JAWOR                      | POL  | 1980       | M30       | 24         | 00:11:50 (71) | 00:02:22 | 00:59:20 (55) | 00:01:48 | 00:31:17 (68) | 01:46:37 | 47 |    |          |
| 61   | 339     | BARANOWSKI MARIUSZ    | JULIANÓW         |   | POL  | 1981       | M30       | 25         | 00:12:49 (78) | 00:02:19 | 01:00:00 (58) | 00:01:24 | 00:30:34 (63) | 01:47:06 | 48 |    |          |
| 62   | 384     | KOLENDA SEBASTIAN     | WYSOKA           | DECATHLON BIELANY WROCŁAWSKIE             | POL  | 1992       | M18       | 5          | 00:12:18 (77) | 00:02:53 | 01:00:56 (60) | 00:01:12 | 00:31:11 (67) | 01:48:30 | 49 |    |          |
| 63   | 370     | SIKORA KATARZYNA      | POZNAŃ           |   | POL  | 1990       | K18       | 7          | 00:11:52 (72) | 00:02:07 | 01:05:11 (68) | 00:00:59 | 00:28:36 (55) | 01:48:45 |    | 14 |          |
| 64   | 381     | ROCHEWICZ DANIEL      | WROCŁAW          | POOLPOOL.PL POOLPOOL.PL                   | POL  | 1992       | M18       | 6          | 00:09:29 (39) | 00:02:20 | 00:59:29 (56) | 00:01:30 | 00:36:38 (82) | 01:49:26 | 50 |    |          |
| 65   | 348     | MALIK GRZEGORZ        | LUBIN            | LUBIN                                     | POL  | 1991       | M18       | 7          | 00:10:01 (49) | 00:02:42 | 01:07:15 (75) | 00:01:26 | 00:28:24 (53) | 01:49:48 | 51 |    |          |
| 66   | 352     | ŻÓŁTOWSKI KRZYSZTOF   | WROCŁAW          |   | POL  | 1956       | M60       | 2          | 00:13:02 (80) | 00:04:07 | 01:03:09 (65) | 00:02:06 | 00:28:08 (51) | 01:50:32 | 52 |    |          |
| 67   | 280     | SACHAŃBINSKA KALINA   | OZIMEK           |   | POL  | 1987       | K30       | 6          | 00:10:27 (55) | 00:02:41 | 01:05:31 (69) | 00:01:30 | 00:30:41 (64) | 01:50:50 |    | 15 |          |
| 68   | 341     | FORNAL PAWEŁ          | RADKÓW           | 22 KBPG                                   | POL  | 1985       | M30       | 26         | 00:10:51 (62) | 00:03:45 | 01:06:51 (74) | 00:01:17 | 00:28:53 (58) | 01:51:37 | 53 |    |          |
| 69   | 315     | KALISKI PIOTR         | WROCŁAW          |   | POL  | 1974       | M40       | 11         | 00:10:45 (60) | 00:02:32 | 01:05:08 (67) | 00:01:08 | 00:32:30 (74) | 01:52:03 | 54 |    |          |
| 70   | 321     | SMAGAŁA MACIEJ        | WROCŁAW          |   | POL  | 1982       | M30       | 27         | 00:12:08 (74) | 00:03:12 | 01:05:32 (70) | 00:01:31 | 00:30:45 (66) | 01:53:08 | 55 |    |          |
| 71   | 326     | WÓJCIK PIOTR          | WARSZAWA         |   | POL  | 1974       | M40       | 12         | 00:15:40 (82) | 00:04:42 | 01:01:39 (61) | 00:02:51 | 00:29:03 (60) | 01:53:55 | 56 |    |          |
| 72   | 301     | SWIATLON MAŁGORZATA   | ROKITKI          | CZARNI ROKITKI                            | POL  | 1989       | K18       | 8          | 00:10:02 (50) | 00:02:37 | 01:07:17 (76) | 00:01:34 | 00:32:26 (73) | 01:53:56 |    | 16 |          |
| 73   | 364     | WYTYKOWSKA JOANNA     | ŁÓDŹ             | RYŚIE                                     | POL  | 1980       | K30       | 7          | 00:09:14 (34) | 00:04:32 | 01:06:43 (73) | 00:01:35 | 00:28:33 (54) | 01:54:37 |    | 17 | 00:04:00 |
| 74   | 307     | SIENKIEWICZ ARKADIUSZ | WROCŁAW          |   | POL  | 1974       | M40       | 13         | 00:10:34 (57) | 00:04:11 | 01:06:39 (72) | 00:01:47 | 00:32:49 (76) | 01:56:00 | 57 |    |          |
| 75   | 308     | DURA MAGDALENA        | WROCŁAW          |   | POL  | 1971       | K40       | 1          | 00:10:44 (59) | 00:02:02 | 01:10:24 (79) | 00:01:47 | 00:31:33 (69) | 01:56:30 |    | 18 |          |
| 76   | 394     | DUDA MAREK            | WROCŁAW          | LABOSPORT TEAM                            | POL  | 1971       | M40       | 14         | 00:10:08 (51) | 00:02:59 | 01:05:57 (71) | 00:01:45 | 00:36:17 (80) | 01:57:06 | 58 |    |          |
| 77   | 344     | BUGAJ GRZEGORZ        | KATOWICE         |   | POL  | 1974       | M40       | 15         | 00:12:12 (75) | 00:02:21 | 01:08:43 (78) | 00:01:50 | 00:32:10 (72) | 01:57:16 | 59 |    |          |
| 78   | 386     | FABISIAK MARCIN       | GNIEZNO          |   | POL  | 1977       | M40       | 16         | 00:11:11 (66) | 00:04:07 | 01:08:04 (77) | 00:02:01 | 00:32:41 (75) | 01:58:04 | 60 |    |          |
| 79   | 346     | RÓŻACKA MARTA         | ŚWIĘTOCHŁOWICE   |   | POL  | 1992       | K18       | 9          | 00:12:59 (79) | 00:02:34 | 01:05:02 (66) | 00:02:09 | 00:31:45 (71) | 01:58:29 |    | 19 | 00:04:00 |
| 80   | 324     | KANIEWSKA KAROLINA    | CZESTOCHOWA      |   | POL  | 1992       | K18       | 10         | 00:11:48 (70) | 00:04:39 | 01:13:32 (80) | 00:02:25 | 00:37:58 (83) | 02:10:22 |    | 20 |          |
| 81   | 311     | BUZKO MICHAŁ          | WROCŁAW          |   | POL  | 1983       | M30       | 28         | 00:11:07 (65) | 00:02:56 | 01:25:50 (83) | 00:02:23 | 00:35:25 (79) | 02:17:41 | 61 |    |          |
| 82   | 377     | DREWICZ KINGA         | ŻAGAŃ            |   | POL  | 1979       | K30       | 8          | 00:15:40 (83) | 00:02:31 | 01:22:36 (82) | 00:01:26 | 00:36:27 (81) | 02:18:40 |    | 21 |          |
| 83   | 342     | JURKOWSKA ANNA        | OLSZOWICE        | DRUŻYNA GRUBEGO MISIA                     | POL  | 1978       | K30       | 9          | 00:16:35 (84) | 00:04:27 | 01:22:03 (81) | 00:01:57 | 00:34:05 (78) | 02:19:07 |    | 22 |          |
| 84   | 353     | BRUSKI DARIUSZ        | GDAŃSK           | DARO PIB ELДАР                            | POL  | 1963       | M50       | 3          | 00:12:12 (76) | 00:04:28 | 01:38:00 (84) | 00:02:50 | 00:39:13 (84) | 02:36:43 | 62 |    |          |