

# GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.  
 Data: 31.08.2019  
 Dystans: 1/8 IM (0,475-22,5-5,275)  
 Miejscowość: NIEPORĘT



## OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	1205	LIS ŁUKASZ	WARSZAWA	TRICLUB	POL	1986	M30	1	00:05:46	10:41:09	00:00:54	00:33:05	00:00:58	00:19:29	01:00:12	1		
2	747	SŁUPIK TOMASZ	WARSZAWA		POL	1993	M20	1	00:06:17	10:41:15	00:01:32	00:35:45	00:01:07	00:19:42	01:04:23	2		
3	772	WOJTYNA ŁUKASZ	WARSZAWA	12TRI.PL	POL	1987	M30	2		10:41:15		00:36:22	00:01:04	00:19:48	01:04:27	3		
4	1145	DOWBOR MACIEJ	WARSZAWA	AIRBIKE TRINERGY TEAM	POL	1978	M40	1	00:06:40	10:41:18	00:01:19	00:35:30	00:01:01	00:22:24	01:06:54	4		
5	1135	CHMIELEWSKI PIOTR	WARSZAWA	WARSAW MASTERS TEAM	POL	1978	M40	2	00:06:41	10:41:16	00:01:32	00:36:23	00:01:03	00:21:52	01:07:31	5		
6	1114	MIKA TOMASZ	WARSZAWA	LABOSPORT TEAM	POL	1979	M40	3	00:08:18	10:41:54	00:01:30	00:36:08	00:01:05	00:20:42	01:07:43	6		
7	1130	ŚLIWKA JAKUB	BEŁONIE	UKS G-8 BIELANY WARSZAWA	POL	1999	M20	2	00:06:00	10:41:09	00:01:02	00:38:15	00:00:58	00:22:09	01:08:24	7		
8	1121	SZRAJNER PIOTR	MARKI	ENTRE.PL TEAM MADERA	POL	1974	M40	4	00:07:22	10:41:22	00:01:31	00:38:40	00:00:55	00:20:02	01:08:30	8		
9	835	LITWINIUK PIOTR	WARSZAWA	SPLIT TRIATHLON TEAM	POL	1983	M30	3	00:07:16	10:41:44	00:01:33	00:35:55	00:01:22	00:22:42	01:08:48	9		
10	1053	OKRAGLY EMIL	WARSZAWA	TRIZARZA	POL	1982	M30	4	00:07:14	10:41:19	00:01:30	00:37:38	00:01:00	00:21:18	01:08:55	10		00:00:15
11	782	GARBIEC TOMASZ	WARSZAWA	VARSO	POL	1975	M40	5	00:07:33	10:41:42	00:01:24	00:36:24	00:01:12	00:22:22	01:08:55	11		
12	1108	SUDAK ZUZANNA	MILANÓWEK	UKS G-8 BIELANY WARSZAWA	POL	2001	K18	1	00:05:45	10:41:09	00:01:02	00:40:20	00:00:45	00:20:19	01:09:11		1	00:01:00
13	881	PRUCHNIEWSKI SŁAWOMIR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1979	M40	6	00:07:28	10:41:32	00:01:29	00:37:24	00:01:02	00:21:50	01:09:13	12		
14	820	DIMITROW MARCIN	WARSZAWA	NEON TEAM D7	POL	1976	M40	7	00:07:28	10:41:29	00:01:33	00:35:44	00:01:25	00:23:04	01:09:14	13		
15	1119	BEDNARSKI MICHAŁ	ŁÓDŹ	PULS TRI TEAM	POL	1978	M40	8	00:07:02	10:41:25	00:01:20	00:36:57	00:01:08	00:22:57	01:09:24	14		
16	1046	STEFAŃSKI WOJCIECH	GNIEZNO	GTT DIAMENT GNIEZNO	POL	1997	M20	3	00:07:02	10:41:18	00:01:22	00:39:32	00:01:00	00:20:38	01:09:34	15		
17	944	ŁĄCZYŃSKI CZESZY	POMIECHÓWEK		POL	1989	M30	5	00:07:53	10:41:25	00:01:19	00:37:14	00:01:05	00:22:17	01:09:48	16		
18	1120	GRZANECKI RAFAŁ	WARSZAWA	PIE... NIE BIEGAM	POL	1975	M40	9	00:08:43	10:43:25	00:01:49	00:36:10	00:01:12	00:21:58	01:09:52	17		
19	813	OPIELA PAWEŁ	MIASTKO	7PRO TEAM	POL	2001	M18	1	00:07:03	10:41:09	00:01:36	00:37:56	00:01:07	00:22:29	01:10:11	18		
20	1204	BUŻYCKA MAJA	MŁAWA	SSP ORKA HAWA/TWISTER TEAM	POL	2000	K18	2	00:06:25	10:41:15	00:00:58			00:21:25	01:10:15		2	00:01:00
21	838	JAROSZEWSKI JAKUB	WARSZAWA		POL	2001	M18	2	00:06:05	10:41:25	00:01:19	00:38:52	00:00:57	00:23:05	01:10:18	19		
22	1091	DEBERT JAREK	WARSZAWA	TRINERGY TEAM	POL	1980	M30	6	00:08:16	10:42:00	00:01:27	00:37:41	00:01:01	00:22:02	01:10:27	20		
23	804	NAPIÓRKOWSKI JAKUB	WŁOCŁAWEK	WWT WŁOCŁAWEK TRIATHLON TEAM	POL	1991	M20	4	00:06:44	10:41:22	00:01:15	00:39:28	00:00:57	00:22:09	01:10:33	21		
24	851	ZIELIŃSKI KAMIL	WARSZAWA	APPLE MARINES APPLE MARINES	POL	1989	M30	7	00:06:30	10:41:35	00:01:26	00:38:51	00:01:23	00:22:25	01:10:35	22		
25	1143	KAZANECKI TOMASZ	LEGIONOWO	TWISTER TEAM	POL	1976	M40	10	00:06:59	10:41:31	00:01:32	00:37:26	00:01:25	00:23:22	01:10:44	23		
26	1073	ROSIŃSKI JAKUB	WARSZAWA		POL	1991	M20	5	00:08:07	10:41:25	00:01:43	00:37:34	00:01:07	00:22:20	01:10:51	24		
27	846	ULAŃSKI MACIEJ	SOMPOLNO		POL	2003	M16	1	00:07:17	10:41:51	00:01:48	00:38:20	00:01:35	00:22:11	01:11:11	25		
28	960	GIERASIMIUK GRZEGORZ	WARSZAWA	TRIGGER TRIATHLON	POL	1984	M30	8	00:08:19	10:41:54	00:01:52	00:38:45	00:01:02	00:21:28	01:11:26	26		
29	1009	ANDRIAN SŁAWOMIR	WARSZAWA		POL	1991	M20	6	00:07:03	10:41:35	00:01:41	00:37:36	00:01:35	00:23:40	01:11:35	27		
30	781	IGNATOWICZ ANDRZEJ	WARSZAWA	TRUCHT TARCHOMIN TEAM	POL	1974	M40	11	00:07:42	10:41:42	00:01:40	00:39:01	00:01:24	00:22:01	01:11:48	28		
31	814	SZTENDEREWICZ RAFAŁ	WŁOCŁAWEK	SPORTEVO	POL	1977	M40	12	00:07:52	10:41:48	00:01:38	00:38:03	00:01:16	00:23:00	01:11:49	29		
32	873	ROBIŃSKI MARCIN	WARSZAWA	KUŹNIA TRIATHLONU	POL	1981	M30	9	00:09:32	10:44:01	00:01:42	00:38:15	00:01:22	00:21:09	01:12:00	30		
33	795	BRZĄKALSKI KRZYSIEK	PŁOCK	EAZYMUT.PL	POL	1991	M20	7	00:09:09	10:43:52	00:02:03	00:40:03	00:01:07	00:19:39	01:12:01	31		
34	748	WOJCIECHOWSKI MICHAŁ	STARE MIASTO	TRITON KONIN	POL	1991	M20	8	00:07:31	10:41:28	00:01:42	00:36:43	00:01:13	00:25:04	01:12:13	32		
35	1101	LIPOWSKI MIKOŁAJ	ŁASK	FUJITSU RUNNING TEAM ŁÓDŹ	POL	1988	M30	10	00:07:14	10:41:57	00:01:28	00:38:47	00:01:04	00:23:41	01:12:14	33		
36	1142	FERCHO KAROL	ELBLĄG	LANGE TRI COACH	POL	1980	M30	11	00:09:20	10:42:23	00:02:07	00:38:53	00:00:50	00:21:07	01:12:17	34		
37	1045	PAŹ MICHAŁ	WARSZAWA	NEON TEAM	POL	1978	M40	13	00:07:30	10:41:38	00:01:42	00:37:31	00:01:34	00:24:00	01:12:17	35		
38	1068	WOJDAS SŁAWOMIR	SOCHACZEW		POL	1990	M20	9	00:06:47	10:41:09	00:01:27	00:38:23	00:01:17	00:23:45	01:12:39	36		00:01:00
39	904	SENGER ROBERT	WARSZAWA	TRIZARZA TEAM	POL	1982	M30	12	00:07:43	10:41:51	00:01:50	00:37:59	00:01:16	00:23:58	01:12:46	37		
40	1094	KROPIEWNICZKA AGNIESZKA	WARSZAWA		POL	1982	K30	1	00:07:12	10:41:38	00:01:22	00:40:39	00:01:15	00:22:54	01:13:22		3	
41	1027	WALCZAK WOJCIECH	RADZYMIN	PROGRESS TRIATHLON TEAM	POL	1976	M40	14	00:08:16	10:41:48	00:02:00	00:37:50	00:01:23	00:24:00	01:13:29	38		
42	1037	ŚLIWICKI TOMASZ	KONIN	TRITON KONIN	POL	1982	M30	13		10:42:04		00:37:12	00:01:21	00:24:52	01:13:39	39		
43	1043	CHOJNACKI DOMINIK	WARKA	KS START PUŁASKI WARKA	POL	1990	M20	10	00:08:40	10:41:45	00:02:07	00:39:58	00:01:16	00:21:39	01:13:40	40		
44	1129	GIŻYŃSKA ANNA	WARSZAWA	GIŻA TEAM	POL	1982	K30	2	00:09:13	10:42:36	00:01:54	00:40:21	00:01:08	00:21:06	01:13:42		4	
45	767	MATUSZEWSKI MARIUSZ	WARSZAWA	WMT ISPORT	POL	1974	M40	15	00:07:58	10:41:58	00:01:54	00:38:06	00:01:23	00:24:29	01:14:05	41		00:00:15
46	936	KACZMAREK DOMINIK	KOŁO	K2 SIEC PIZZERII K2 SIEC PIZZERII	POL	1977	M40	16	00:07:55	10:41:32	00:01:53	00:37:33	00:01:09	00:25:37	01:14:07	42		
47	996	OLCZAK JAKUB	KOŚCIELEC	MLUKS TRIATHLON KOŁO	POL	2003	M16	2	00:06:47	10:41:15	00:01:26	00:39:28	00:01:08	00:25:29	01:14:18	43		
48	918	JAROCKA WIOLETA	LEGIONOWO	TRI LEVEL	POL	1985	K30	3	00:08:58	10:41:42	00:01:04	00:38:27	00:01:09	00:24:47	01:14:25		5	

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## OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
49	1049	ŚLEDZIŃSKI LESZEK	WARSZAWA	JEDNOŚLAD.PL JEDNOŚLAD.PL	POL	1987	M30	14	00:09:03	10:41:42	00:02:15	00:37:54	00:01:32	00:24:11	01:14:55	44		
50	1183	BOROWSKI GRZEGORZ	BIAŁYSTOK	NADAKTYWNI ABG ARCHITEKCI	POL	1968	M50	1	00:08:22	10:42:43	00:02:15	00:39:43	00:01:17	00:23:18	01:14:55	45		
51	923	SYGULA MATEUSZ	WARSZAWA	KOLARSKI.EU TEAM KOLARSKI.EU TEAM	POL	1979	M40	17	00:10:08	10:41:22	00:01:14	00:38:57	00:01:16	00:23:25	01:15:00	46		
52	827	KUŹMICKI MARCIN	BORZĘCIN DUŻY	KUŹMIER TEAM	POL	1974	M40	18	00:09:21	10:42:52	00:01:14	00:39:08	00:01:32	00:23:51	01:15:06	47		
53	963	ŚWIĄTEK KRZYSZTOF	WARSZAWA		POL	2000	M18	3	00:08:28	10:42:11	00:02:03	00:40:45	00:01:17	00:22:33	01:15:06	48		
54	842	MATUSIK MARYSIA	GÓRA KALWARIA		POL	2002	K16	1	00:07:23	10:41:22	00:01:28	00:41:31	00:01:15	00:23:35	01:15:12		6	
55	815	KLEPACKI TOMASZ	WARSZAWA	KS TRIATHLON RAWA	POL	1956	M60+	1	00:07:46	10:44:01	00:01:50	00:40:18	00:01:13	00:24:10	01:15:17	49		
56	928	WALASZCZYK MARCIN	BEŁCHATÓW	IRON FIGHTERS	POL	1987	M30	15	00:07:56	10:41:25	00:01:34	00:38:47	00:01:11	00:25:55	01:15:23	50		
57	796	SOBCZYŃSKI KRZYSZTOF	WARSZAWA	TEAM EAZYMUT SKLEP EAZYMUT.PL WARSZAWA	POL	1986	M30	16	00:10:06	10:44:27	00:01:33	00:37:19	00:01:56	00:24:44	01:15:38	51		
58	803	SOBOTA KRZYSZTOF	JABŁONNA	BRAVEHEARTS LEGIONOWO	POL	1987	M30	17	00:08:12	10:41:58	00:01:59	00:41:06	00:01:25	00:22:59	01:15:41	52		
59	1004	KĘSIKOWSKA KATARZYNA	BYDGOSZCZ	MBC TEAM	POL	1992	K20	1	00:09:07	10:42:23	00:01:37	00:39:37	00:01:05	00:24:21	01:15:47		7	
60	847	ZAWADZKA KATARZYNA	WARSZAWA	TRINERGY TEAM / DRUŻYNA TVN	POL	1981	K30	4	00:08:55	10:42:07	00:01:38	00:40:21	00:01:17	00:23:45	01:15:56		8	
61	1065	GOGOL TOMASZ	WARSZAWA		POL	1989	M30	18		10:43:42					01:16:02	53		
62	1146	WIKALINSKI BARTOSZ	WARSZAWA	LUFT TRI TEAM	POL	2000	M18	4	00:08:58	10:44:55	00:02:03	00:39:38	00:01:35	00:24:04	01:16:18	54		
63	1011	OJRZYŃSKA MILENA	WARSZAWA		POL	1995	K20	2	00:07:31	10:41:45	00:01:35			00:24:23	01:16:23		9	
64	749	FIGIEL ARKADIUSZ	KALISZ	TEAM MASTERS BARRACUDA PHU MAFPOL	POL	1966	M50	2	00:08:54	10:42:04	00:01:44	00:40:20	00:01:37	00:24:20	01:16:55	55		
65	1192	DEKA TOMASZ	SOCHACZEW	WARSAW MASTERS TEAM	POL	1981	M30	19	00:09:17	10:42:31	00:01:45	00:41:32	00:01:38	00:22:43	01:16:55	56		
66	1054	KOZŁOWSKI PIOTR	WARSZAWA		POL	1980	M30	20	00:08:40	10:41:38	00:01:53	00:37:48	00:01:35	00:27:00	01:16:56	57		
67	1109	JARZYŃSKI DOMINIK	ŁÓDŹ	PULS TRI TEAM	POL	1978	M40	19	00:08:24	10:42:31	00:01:51	00:40:07	00:01:23	00:25:17	01:17:02	58		
68	1107	MASZKIEWICZ MATEUSZ	WARSZAWA		POL	1998	M20	11	00:09:35	10:42:07	00:01:34	00:40:03	00:01:08	00:25:02	01:17:22	59		
69	811	CUSZLAG JAKUB	WARSZAWA	LK KLOSTERS	POL	1966	M50	3	00:09:07	10:43:42	00:02:06	00:40:07	00:01:24	00:24:43	01:17:27	60		
70	1080	JURCZEWSKI MARIUSZ	BIAŁYSTOK	NADAKTYWNI BIAŁYSTOK [EMPEM GROUP] [TRANSMI	POL	1984	M30	21	00:08:34	10:42:15	00:01:35	00:39:22	00:01:24	00:26:37	01:17:32	61		
71	1132	KONDAS DARIUSZ	WARSZAWA		POL	1983	M30	22	00:08:19	10:41:44	00:03:00	00:39:38	00:01:36	00:25:14	01:17:47	62		
72	876	DE LA FUENTE ENRIQUE	WARSZAWA	NO NAME	ESP	1976	M40	20		10:41:51					01:17:49	63		
73	807	ZIĘBA MATEUSZ	GDYNIA		POL	2000	M18	5	00:08:19	10:42:27	00:02:22	00:39:45	00:01:31	00:25:52	01:17:49	64		
74	1103	MASZKIEWICZ SZYMON	WARSZAWA		POL	1999	M20	12	00:08:44	10:42:11	00:02:26	00:42:50	00:00:46	00:23:03	01:17:49	65		
75	1085	WŁÓDARCZAK AGATA	BYDGOSZCZ	TEAM ZOOT EUROPE / TRIZARZA / TRISPACE	POL	1992	K20	3	00:07:53	10:42:01	00:01:48	00:41:31	00:01:17	00:25:23	01:17:52		10	
76	912	KOSMAŁSKI DANIEL	SIEDLCE		POL	1982	M30	23	00:09:40	10:42:36	00:01:45	00:39:51	00:01:10	00:25:36	01:18:02	66		
77	949	KOWALCZYK GRZEGORZ	PIONKI		POL	1984	M30	24	00:08:19	10:41:51	00:01:41	00:42:22	00:01:12	00:24:34	01:18:08	67		
78	1050	ABRAMCZYK JAKUB	RADZYMIN	KOLARSKI.EU / AT TEAM	POL	1978	M40	21	00:07:47	10:41:48	00:01:35	00:41:45	00:01:28	00:25:34	01:18:09	68		
79	1123	MAZIARZ GRZEGORZ	SĘPÓLNO KRAJEŃSKIE	TOKMECH TEAM	POL	1972	M40	22	00:10:12	10:42:51	00:01:54	00:39:18	00:01:36	00:25:27	01:18:27	69		
80	812	STAŃCZAK MARIUSZ	WARSZAWA	ES TRI PROJECT TEAM	POL	1971	M40	23	00:09:22	10:44:22	00:02:01	00:39:56	00:01:16	00:25:44	01:18:34	70		00:00:15
81	763	ADAMSKI JAROSŁAW	WARSZAWA	ASSECO ACTIVE TEAM	POL	1970	M40	24	00:09:11	10:42:27	00:02:07	00:40:47	00:01:39	00:25:06	01:18:50	71		
82	969	FITAS ZUZANNA	JOZEFOSLAW		POL	1998	K20	4	00:08:26	10:42:27	00:02:25	00:44:04	00:01:22	00:22:36	01:18:53		11	
83	116	GAWKOWSKI ROBERT	LEGIONOWO	GAWKOWSKI TEAM	POL	1973	M40	25	00:08:48	10:42:32	00:01:43	00:39:48	00:01:23	00:27:17	01:18:59	72		
84	744	SOŚNIERZ TOMASZ	ŁÓDŹ		POL	1987	M30	25	00:09:27	10:44:16	00:01:51	00:42:58	00:01:12	00:23:35	01:19:03	73		
85	1069	CZWARTOSZ MARIUSZ	JÓZEFOSLAW	THE LUZERS	POL	1992	M20	13		10:43:24					01:19:06	74		
86	1182	KIELCZYK MARCIN	LEGIONOWO		POL	1991	M20	14	00:09:32	10:44:55	00:02:10	00:43:16	00:01:26	00:22:48	01:19:12	75		
87	953	RURAK FILIP	WARSZAWA		POL	1998	M20	15	00:08:06	10:41:54	00:02:12	00:43:14	00:01:43	00:24:05	01:19:20	76		
88	759	PTAK JACEK	WARSZAWA	PROJEKT AK	POL	1984	M30	26	00:07:13	10:41:45	00:01:56	00:38:55	00:01:58	00:29:19	01:19:21	77		
89	888	PRĘDOTA KRZYSZTOF	WARSZAWA	TRUCHT TARCHOMIN TEAM	POL	1972	M40	26	00:09:54	10:44:07	00:02:27	00:41:22	00:02:00	00:23:44	01:19:27	78		
90	1083	WOZNIAK JACEK	RAWA MAZOWIECKA	IRONTEAM IRON TEAM	POL	1967	M50	4		10:41:38		00:41:52	00:01:23	00:26:30	01:19:34	79		
91	1115	LISTKIEWICZ MONIKA	WARSZAWA	AKS POLONIA WARSZAWA	POL	1977	K40	1	00:09:04	10:42:43	00:01:59	00:40:04	00:01:33	00:27:03	01:19:43		12	
92	1186	ZAGRZEJEWSKI BARTOSZ	WARSZAWA	TRICLUB	POL	1984	M30	27	00:08:13	10:41:32	00:01:16	00:43:08	00:01:16	00:25:54	01:19:47	80		
93	826	FURMAN TOMASZ	WARSZAWA		POL	1966	M50	5	00:08:59	10:42:56	00:01:30	00:40:26	00:01:55	00:27:06	01:19:56	81		
94	790	ORZESZEK PIOTR	WARSZAWA	TRIWAWA	POL	1984	M30	28	00:08:58	10:41:57	00:01:45	00:42:57	00:01:57	00:24:24	01:20:01	82		
95	794	OLCZAK ARKADIUSZ	KOŚCIELEC	OLLO TEAM	POL	1972	M40	27	00:08:59	10:42:36	00:01:56	00:39:41	00:01:15	00:28:11	01:20:02	83		
96	821	SEKITA ŁUKASZ	PRUSZKÓW		POL	1987	M30	29	00:09:29	10:45:42	00:02:44	00:40:39	00:01:50	00:25:23	01:20:05	84		

# GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.  
 Data: 31.08.2019  
 Dystans: 1/8 IM (0,475-22,5-5,275)  
 Miejscowość: NIEPORĘT



## OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
97	906	BANKIEWICZ SZYMON	WARSZAWA	ASSECO ACTIVE TEAM	POL	1999	M20	16	00:09:17	10:42:11	00:02:15	00:42:12	00:01:42	00:24:39	01:20:05	85		
98	872	BIERNACKI JAKUB	WARSZAWA		POL	1965	M50	6	00:09:49	10:45:17	00:01:56	00:40:36	00:01:31	00:26:15	01:20:07	86		
99	1032	KACZYK ZDZISLAW	WARSZAWA		POL	1964	M50	7	00:09:28	10:42:23	00:02:25	00:40:16	00:01:59	00:26:02	01:20:10	87		
100	950	KOWALCZYK MARTYNA	PIONKI	PANI PANI	POL	1991	K20	5	00:09:29	10:41:55	00:02:11	00:42:16	00:01:17	00:24:58	01:20:11		13	
101	774	MODZELEWSKI MACIEJ	ŁOWICZ		POL	1984	M30	30	00:08:47	10:42:47	00:02:42	00:43:11	00:01:24	00:24:07	01:20:11	88		
102	1122	OTŁOWSKI ALEKSY	WARSZAWA	TRIMASTERS	POL	1991	M20	17	00:05:58	10:41:19	00:02:29	00:42:06	00:02:19	00:27:23	01:20:15	89		
103	743	KACYMIROW TOMASZ	HORNOWEK		POL	1961	M50	8	00:08:50	10:42:47	00:02:15	00:42:00	00:01:52	00:25:18	01:20:15	90		
104	1079	GONCZAR STEFAN	WARSZAWA		POL	1992	M20	18	00:09:55	10:44:07	00:02:16	00:41:53	00:01:21	00:24:52	01:20:17	91		
105	922	KOSTRO MICHAŁ	BIAŁYSTOK	3T BIAŁYSTOK	POL	1994	M20	19	00:07:30	10:42:19	00:01:47	00:44:20	00:01:21	00:25:24	01:20:22	92		
106	902	WIERTYŃSKI ŁUKASZ	WARSZAWA	TRIGGER TRIATHLON	POL	1988	M30	31	00:09:07	10:43:00	00:02:10	00:42:55	00:01:45	00:24:39	01:20:36	93		
107	1058	JARZEMBOWICZ AGATA	PIASECZNO	TRINERGY TEAM/TRIZARZA TEAM/ATOS RACING TEAM	POL	1981	K30	5	00:09:13	10:42:01	00:02:02	00:41:41	00:01:37	00:26:04	01:20:37		14	
108	971	LEWANDOWSKI MATEUSZ	NOWY DWÓR MAZOWIEC		POL	1999	M20	20	00:10:44	10:43:38	00:02:48	00:43:22	00:01:27	00:22:28	01:20:49	94		
109	860	WŁOCZKOWSKI ALEKSANDER	OTRĘBUSY	UBŁOCONA KORBA	POL	1994	M20	21	00:09:36	10:44:32	00:02:19	00:41:04	00:01:50	00:26:06	01:20:55	95		
110	1002	STEFAŃSKI ALEKSANDER	WARSZAWA	TOWARZYSTWO BIESIADNO SPORTOWE KROTEX	POL	1994	M20	22	00:09:33	10:44:31	00:02:31	00:43:16	00:01:21	00:24:22	01:21:03	96		
111	260	ZIÓLEK MARCIN	WARSZAWA	THE LUZERS	POL	1978	M40	28	00:09:26	10:43:14	00:02:04	00:40:45	00:01:10	00:27:39	01:21:04	97		
112	1209	DANILUK GRZEGORZ	LEGIONOWO	BRAVEHEARTS LEGIONOWO	POL	1977	M40	29	00:09:54	10:43:30	00:02:38	00:39:37	00:02:02	00:26:54	01:21:05	98		
113	997	ASTRACHANCEW KAROL	JÓZEFÓW		POL	2003	M16	3	00:09:30	10:44:07	00:02:23	00:45:07	00:01:16	00:22:49	01:21:05	99		
114	1060	KOWALCZYK MARCIN	ŁÓDŹ		POL	1979	M40	30	00:12:01	10:47:34	00:02:55	00:41:43	00:01:49	00:22:41	01:21:09	100		
115	1075	BRZESZCZAK ŁUKASZ	WARSZAWA		POL	1981	M30	32	00:07:29	10:44:37	00:01:58	00:41:36	00:01:35	00:28:32	01:21:10	101		
116	1044	BOGUSZ ŻANETA	ŁOMŻA		POL	1992	K20	6	00:08:29	10:41:32	00:02:05	00:45:58	00:01:22	00:23:22	01:21:16		15	
117	919	HORSZCZARUK JACEK	WARSZAWA	JOŻIN Z BAŻIN JACEK HORSZCZARUK	POL	1967	M50	9	00:09:26	10:43:52	00:01:43	00:42:42	00:01:36	00:25:53	01:21:20	102		
118	984	GRZELECKI MARCIN	SKIERNIEWICE		POL	1982	M30	33	00:10:10	10:42:47	00:02:29	00:42:50	00:01:22	00:24:33	01:21:24	103		
119	788	SZKUTA MONIKA	PIASECZNO	KUŹNIA TRIATHLONU	POL	1977	K40	2	00:11:13	10:44:46	00:01:50	00:42:15	00:01:18	00:24:54	01:21:30		16	
120	1087	ŁYCZKOWSKA ZUZANNA	WARSZAWA	HOLMES PLACE HILTON	POL	1984	K30	6	00:09:34	10:43:30	00:03:03	00:42:31	00:01:59	00:24:32	01:21:39		17	
121	1018	STĘPNIEWSKI DOMINIK	WARSZAWA	I-SPORT	POL	1998	M20	23	00:08:29	10:41:29	00:02:32	00:42:32	00:01:56	00:26:12	01:21:41	104		
122	1010	HAPONIUK MARIUSZ	ZĄBKI		POL	1974	M40	31	00:09:20	10:42:52	00:02:38	00:41:47	00:01:53	00:26:11	01:21:49	105		
123	1185	PRZEPIEŚĆ KAMILA	WARSZAWA	THE LUZERS	POL	1984	K30	7	00:07:48	10:41:35	00:01:38	00:43:17	00:01:19	00:27:48	01:21:50		18	
124	751	SZAFRANIEC MARCIN	LEGIONOWO	WIELISZEW HERON TEAM	POL	1976	M40	32	00:08:42	10:42:32	00:02:09	00:43:24	00:02:31	00:25:04	01:21:50	106		
125	1025	JASINOWICZ ALEKSANDRA	WARSZAWA		POL	1994	K20	7		10:41:42					01:21:53		19	
126	967	ŚWIĄTEK ŁUKASZ	WARSZAWA		POL	1991	M20	24	00:08:39	0	00:02:55	00:44:23	00:01:22	00:24:37	01:21:56	107		
127	983	JANOWIAK WOJCIECH	WARSZAWA	ŻYWCEM ZABIEGANI	POL	1976	M40	33	00:09:11	10:43:47	00:02:16	00:44:49	00:01:30	00:24:16	01:22:02	108		
128	987	KUŚMIREK MARIUSZ	WŁODAWA		POL	1971	M40	34	00:08:38	10:43:34	00:03:01	00:43:17	00:01:58	00:25:12	01:22:06	109		
129	1000	SZABŁOWSKI KRZYSZTOF	ROSANÓW	SNG WILD DUCKS	POL	1978	M40	35	00:08:13	10:42:39	00:01:38	00:41:29	00:01:09	00:29:40	01:22:09	110		
130	843	PYZ MAREK	WARSZAWA	BENEFI SYSTEMS TRIATHLON TEAM	POL	1981	M30	34	00:09:48	10:46:10	00:02:26	00:44:44	00:01:18	00:23:54	01:22:10	111		
131	945	KRAMIŹA ADAM	WARSZAWA	KRAMERR	POL	1984	M30	35	00:08:16	10:42:52	00:03:01	00:41:02	00:02:03	00:27:50	01:22:12	112		
132	1086	DAŁEK JAKUB	OTWOCK		POL	1994	M20	25	00:07:51	10:41:29	00:02:25	00:40:44	00:02:19	00:28:56	01:22:15	113		
133	1084	PIĄTKOWSKI ARTUR	WARSZAWA		POL	1990	M20	26	00:09:40	10:43:24	00:01:49	00:43:25	00:01:24	00:26:14	01:22:32	114		
134	1017	KOZŁOWSKI RADEK	HENRYKÓW UROCZE	LECIMY	POL	1977	M40	36	00:13:01	10:46:35	00:02:32	00:42:06	00:01:37	00:23:36	01:22:52	115		
135	965	WICHOWSKI MICHAŁ	WISKITKI		POL	1996	M20	27	00:09:51	10:43:13	00:02:32	00:44:49	00:01:47	00:23:54	01:22:53	116		
136	775	KACPRZAK TADEUSZ	KONSTANTYNÓW ŁÓDZKI		POL	1955	M60+	2	00:10:27	10:43:05	00:02:30	00:39:29	00:01:24	00:29:06	01:22:56	117		
137	740	KOLAŚA PIOTR	ŁÓDŹ		POL	1987	M30	36	00:08:38	10:44:16	00:01:44	00:46:19	00:00:51	00:25:32	01:23:04	118		
138	1125	MIŁKOWSKI PAWEŁ	WARSZAWA		POL	1985	M30	37	00:10:00	10:43:39	00:04:04	00:41:29	00:02:01	00:25:38	01:23:12	119		
139	1052	URBAN KRZYSZTOF	WARSZAWA	TRICLUB	POL	1980	M30	38	00:16:39	10:45:00	00:01:51	00:39:59	00:01:33	00:23:25	01:23:27	120		
140	768	BRATOWSKI AREK	PIASECZNO	KUŹNIA TRIATHLONU	POL	1972	M40	37	00:09:43	10:44:02	00:02:18	00:42:38	00:01:45	00:27:07	01:23:31	121		
141	1092	KALWAJTYŚ PAWEŁ	WARSZAWA		POL	1991	M20	28	00:07:52	10:42:07	00:02:20	00:43:44	00:01:23	00:28:18	01:23:37	122		
142	1106	MASZKIEWICZ JACEK	WARSZAWA	TRIWAWA	POL	1973	M40	38	00:09:25	10:42:08	00:02:13	00:42:08	00:02:10	00:27:42	01:23:38	123		
143	1021	TKACZYK ARTUR	WARSZAWA		POL	1977	M40	39	00:08:51	10:47:09	00:03:02	00:40:58	00:01:54	00:29:02	01:23:47	124		
144	1005	MIKOŁAJCZYK MATEUSZ	ŁÓDŹ		POL	1981	M30	39	00:08:11	10:43:05	00:02:35	00:44:21	00:02:11	00:26:31	01:23:49	125		

# GARMIN IRON TRIATHLON NIEPORĘT 2019

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 Dystans: 1/8 IM (0,475-22,5-5,275)  
 Miejscowość: NIEPORĘT



## OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
145	1117	CHŁAŚCIAK PIOTR	WARSZAWA		POL	1988	M30	40	00:09:31	10:45:05	00:03:37	00:42:58	00:01:44	00:26:01	01:23:51	126		
146	776	STĘPIEŃ ADAM	CHORZÓW		POL	1990	M20	29	00:09:24	0	00:02:14	00:42:08	00:01:48	00:28:21	01:23:55	127		
147	995	MADEJ MICHAŁ	WARSZAWA		POL	1987	M30	41	00:10:00	10:42:56	00:02:08	00:42:25	00:01:48	00:27:35	01:23:56	128		
148	802	CHRZANOWSKI ŁUKASZ	WARSZAWA	KUŹNIA TRIATHLONU	POL	1985	M30	42	00:09:44	10:44:32	00:02:37	00:41:50	00:02:20	00:27:26	01:23:57	129		
149	1124	KĄKOLECKI MICHAŁ	WARSZAWA		POL	1971	M40	40	00:09:03	10:42:01	00:02:18	00:42:50	00:01:28	00:28:28	01:24:07	130		
150	825	DURSKI MICHAŁ	WARSZAWA	SANTANDER TRIATHLON TEAM	POL	1985	M30	43	00:10:26	10:46:51	00:02:09	00:42:19	00:01:36	00:27:43	01:24:13	131		
151	1180	CZARNIECKI KAMIL	WARSZAWA	KUŹNIA TRIATHLONU	POL	1979	M40	41	00:10:20	10:43:43	00:02:37	00:42:30	00:01:51	00:27:15	01:24:33	132		
152	783	JADCAK JOANNA	WŁOCLAWEK	WŁOCLAWEK TRIATHLON TEAM	POL	1979	K40	3	00:09:06	10:42:23	00:02:01	00:43:10	00:01:19	00:28:59	01:24:35		20	
153	1067	NIECZAJ KAROL	WARSZAWA		POL	1982	M30	44	00:09:02	10:44:11	00:02:33	00:44:03	00:01:46	00:27:22	01:24:46	133		
154	863	PARCZEWSKI MACIEJ	WÓLKA KOZODAWSKA	UBŁOCONA KORBA	POL	1994	M20	30	00:11:34	10:44:37	00:02:41	00:40:58	00:02:08	00:27:27	01:24:48	134		
155	1057	SZYMANEK IGOR	WARSZAWA	TRIZARZA	POL	1991	M20	31	00:10:21	10:43:47	00:02:14	00:43:30	00:01:33	00:27:20	01:24:58	135		
156	1063	KIELAK ZUZANNA	WARSZAWA		POL	1994	K20	8	00:09:59	10:42:15	00:02:31	00:42:20	00:01:46	00:28:34	01:25:10		21	
157	861	SŁONAWSKI KONRAD	WARSZAWA	UBŁOCONA KORBA	POL	1993	M20	32	00:09:27	10:44:36	00:02:55	00:44:17	00:01:31	00:27:03	01:25:13	136		
158	754	OSIŃSKI DARIUSZ	ORNETA	KUŹNIA TRIATHLONU	POL	1986	M30	45	00:10:59	10:47:02	00:02:36	00:42:00	00:01:41	00:28:16	01:25:32	137		
159	1062	BIERNACKI TOMASZ	WARSZAWA		POL	1977	M40	42	00:09:01	10:43:53	00:02:28	00:44:16	00:01:47	00:28:00	01:25:32	138		
160	968	RĘCZKOWSKI RAFAŁ	BRWINÓW	RONCZELL BRWINÓW	POL	1985	M30	46	00:11:13	10:47:22	00:02:53	00:44:33	00:01:25	00:25:31	01:25:35	139		
161	882	MAKOWSKA PATRYCJA	TROJANÓW	I-SPORT	POL	1991	K20	9	00:10:10	10:44:17	00:01:50	00:44:49	00:02:11	00:26:46	01:25:46		22	
162	817	ZALAS JERZY	NOWE GULCZEWO	ODPADY-EXPERT	POL	1971	M40	43	00:08:32	10:42:15	00:02:28	00:42:35	00:02:34	00:29:43	01:25:52	140		
163	834	FALKOWSKA MARTYNA	BIAŁYSTOK	NADAKTYWNI	POL	1997	K20	10	00:08:46	10:42:19	00:02:00	00:46:43	00:01:29	00:26:58	01:25:56		23	
164	808	GRODZICKI MIROSLAW	WARSZAWA	JAGODA JAGODA	POL	1986	M30	47	00:09:46	0	00:02:41	00:45:19	00:01:14	00:26:58	01:25:58	141		
165	760	KOMOROWSKA OLGA	WARSZAWA		POL	1992	K20	11	00:08:29	10:42:19	00:01:53	00:48:15	00:01:31	00:25:51	01:25:59		24	
166	893	TARANTOWICZ ROBERT	JUCHNOWIEC KOŚCIELNY	TOWARZYSTWO BIZNESOWE BIAŁOSTOCKIE	POL	1980	M30	48	00:08:58	10:44:21	00:01:49	00:41:59	00:02:09	00:31:05	01:26:00	142		
167	915	MEDWID-FIDLER MARTA	WARSZAWA	CTS CZAJA TRAINING SYSTEM	POL	1981	K30	8	00:09:37	10:43:00	00:02:29	00:43:49	00:02:16	00:28:05	01:26:16		25	
168	952	SOBIESKI JAN	IZABELIN C	19901990	POL	1990	M20	33	00:11:00	10:44:32	00:02:21	00:41:13	00:02:26	00:29:21	01:26:21	143		
169	1034	FRYDRYCH AGATA	WARSZAWA		POL	1991	K20	12	00:08:38	10:42:19	00:02:17	00:45:35	00:01:32	00:28:19	01:26:21		26	
170	1137	SZPOTON MONIKA	WARSZAWA	ADIDAS RUNNERS WARSAW	POL	1985	K30	9	00:11:29	10:45:30	00:02:30	00:44:55	00:01:35	00:25:54	01:26:23		27	
171	810	KONDRAT KRZYSZTOF	WARSZAWA	NEON TEAM	POL	1963	M50	10	00:09:56	10:43:19	00:03:58	00:43:05	00:01:47	00:27:38	01:26:24	144		
172	946	OSĘDOWSKA ALEKSANDRA	PŁOCK	AZS UJK KIELCE	POL	1996	K20	13	00:10:00	10:42:27	00:01:41	00:47:56	00:01:34	00:25:13	01:26:24		28	
173	880	KRUSZKA AGATA	WARSZAWA		POL	1987	K30	10	00:10:33	10:45:12	00:02:25	00:45:12	00:01:12	00:27:06	01:26:28		29	
174	1061	STEC MATEUSZ	WARSAW	SIEGRA SIEMA	POL	1998	M20	34	00:08:36	10:41:54	00:02:31	00:46:49	00:01:22	00:27:13	01:26:31	145		
175	745	WIZA HUGO	WARSZAWA	ASSECO ACTIVE TEAM	POL	2002	M16	4	00:08:33	0	00:02:15	00:40:35	00:02:31	00:32:43	01:26:37	146		
176	1001	NARTOWSKI JAN	WARSZAWA	MORT!	POL	1959	M60+	3	00:10:32	10:43:57	00:03:09	00:45:26	00:01:44	00:25:49	01:26:40	147		
177	765	STRZEŚNIEWSKI MAREK	PIASECZNO	PGR SKAJZGIRY	POL	1957	M60+	4	00:10:42	10:44:02	00:02:02	00:44:12	00:02:21	00:27:26	01:26:43	148		
178	921	WASIK MICHAŁ	WARSZAWA	SANDACZ'15 DA SANDAŁ	POL	1994	M20	35	00:10:20	10:44:56	00:03:41	00:47:27	00:01:21	00:23:54	01:26:43	149		
179	1008	ZARĘBSKA PAULA	WARSZAWA		POL	1992	K20	14	00:10:55	10:42:36	00:02:19	00:45:26	00:01:31	00:26:38	01:26:49		30	
180	840	OSIENICKI BARTŁOMIEJ	NOWY DWÓR MAZOWIEC		POL	1987	M30	49	00:13:14	10:45:00	00:02:36	00:42:49	00:02:20	00:26:00	01:26:59	150		
181	1033	SZYPROWSKA JOANNA	SOCHACZEW		POL	1978	K40	4	00:10:26	0	00:02:08	00:43:41	00:02:12	00:28:41	01:27:08		31	
182	1082	TYSZKA FILIP	STĘKINY		POL	1981	M30	50	00:11:01	10:45:38	00:03:29	00:41:34	00:02:21	00:28:47	01:27:12	151		
183	787	KOSUDA PAWEŁ	CIECHANÓW	CROSS TRENING MAZOVIA CIECHANÓW	POL	1977	M40	44	00:11:15	10:46:10	00:02:31	00:44:57	00:01:50	00:26:48	01:27:21	152		
184	940	BAŁDYGA PAWEŁ	PRUSZKÓW	WTP	POL	1980	M30	51	00:10:59	10:45:20	00:03:28	00:42:49	00:03:34	00:26:35	01:27:25	153		
185	1134	WOJCIECHOWSKI JACEK	WARSZAWA		POL	1986	M30	52	00:08:46	10:44:17	00:03:00	00:45:25	00:01:52	00:28:28	01:27:31	154		
186	879	KOTUŁA RAFAŁ	MARKI	BILLENNIUM SQUAD	POL	1978	M40	45	00:07:37	10:42:23	00:08:17	00:43:59	00:01:44	00:25:56	01:27:33	155		
187	865	KWIATKOWSKI ŁUKASZ	NOWE DĄBIE		POL	1992	M20	36	00:12:34	10:46:35	00:02:44	00:46:47	00:01:32	00:24:01	01:27:38	156		
188	954	BAŁA ARTUR	WARSZAWA		POL	1978	M40	46	00:09:48	10:42:44	00:02:24	00:45:24	00:02:48	00:27:24	01:27:48	157		
189	966	ŻMUDA MIKOŁAJ	WARSZAWA		POL	1975	M40	47	00:09:43	10:43:00	00:02:48	00:44:09	00:02:58	00:28:20	01:27:58	158		
190	1188	KOWALSKI EDMUND	RYBNO	FRUITLAND	POL	1973	M40	48	00:11:18	10:43:43	00:02:04	00:43:13	00:01:50	00:29:34	01:27:59	159		
191	974	MROZIK MICHAŁ	WARSZAWA	POWER TRAINING	POL	1987	M30	53	00:10:42	10:45:59	00:02:40	00:43:35	00:01:55	00:29:10	01:28:02	160		
192	1013	LEGIĘDŹ HUBERT	IZBICA	NSZZ FSG PRZY KGSG	POL	1970	M40	49	00:10:18	10:41:57	00:01:58	00:45:33	00:01:42	00:28:33	01:28:04	161		

# GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.  
 Data: 31.08.2019  
 Dystans: 1/8 IM (0,475-22,5-5,275)  
 Miejscowość: NIEPORĘT



OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
193	1206	SOWA ANETA	UNIEJÓW	CELIRONMAN HAPPY TRI FRIENDS LUDWIK SIKORSKI /	POL	1971	K40	5	00:09:17	10:42:39	00:02:03	00:47:16	00:02:18	00:27:15	01:28:09		32	
194	1088	OLESKOWICZ MAREK	WARSZAWA		POL	1981	M30	54	00:11:35	10:42:43	00:02:33	00:45:30	00:02:11	00:26:29	01:28:18	162		
195	929	ŁĄCZYŃSKI BARTOSZ	WARSZAWA		POL	1987	M30	55	00:10:04	10:44:28	00:02:43	00:43:28	00:02:08	00:30:07	01:28:30	163		
196	1178	KOCIK ARKADIUSZ	ŁÓDŹ		POL	1968	M50	11	00:11:09	10:43:05	00:02:41	00:45:40	00:01:40	00:27:37	01:28:47	164		
197	1179	JAKUSZCZONEK PIOTR	WARSZAWA		POL	1972	M40	50	00:09:55	0	00:03:24	00:47:25	00:02:31	00:25:32	01:28:47	165		
198	1110	KUJOWSKI MARIUSZ	MARKI		POL	1979	M40	51	00:10:33	10:42:35	00:02:44	00:47:57	00:01:29	00:26:11	01:28:54	166		
199	1030	CZERWIŃSKI MARCIN	LEGIONOWO		POL	1989	M30	56	00:10:37	10:46:22	00:03:25	00:46:42	00:01:25	00:26:51	01:29:00	167		
200	1138	KAMIŃSKI MARIUSZ	WARSZAWA		POL	1969	M50	12	00:11:18	10:44:21	00:03:01	00:41:25	00:02:29	00:30:49	01:29:02	168		
201	1190	WIŚNIEWSKA SANDRA	ŁAWA	SSP ORKA ŁAWA	POL	2003	K16	2	00:07:47	10:41:19	00:01:34	00:45:22	00:01:33	00:32:59	01:29:15		33	
202	746	WIZA ARTUR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1971	M40	52	00:09:33	10:42:28	00:02:06	00:43:03	00:02:39	00:31:56	01:29:17	169		
203	1126	DURSKI MACIEJ	POZNAŃ		POL	1997	M20	37	00:10:11	10:46:51	00:03:33	00:46:38	00:01:12	00:27:53	01:29:27	170		
204	1035	LOSINSKI DANIEL	WARSZAWA		POL	1985	M30	57	00:09:29	10:42:56	00:02:34	00:43:11	00:01:26	00:32:48	01:29:28	171		
205	844	LESZCZYŃSKI MICHAŁ	WARSZAWA		POL	1987	M30	58	00:09:15	10:42:47	00:03:03	00:43:10	00:02:05	00:32:09	01:29:42	172		
206	1116	HEREDIA MANUEL	WARSZAWA	CLUB LOS GORDOS	ESP	1975	M40	53	00:09:02	10:42:04	00:02:25	00:43:40	00:02:18	00:32:24	01:29:49	173		
207	875	WŁOCH ANETA	WARSZAWA (WOLA)		POL	1992	K20	15	00:11:00	10:46:57	00:02:46	00:46:08	00:01:49	00:28:06	01:29:49		34	
208	859	PYZEL AGNIESZKA	KONSTANCJA JEZIORNA	KS PEGAZ	POL	1968	K50	1	00:11:43	10:44:46	00:02:40	00:45:14	00:02:17	00:28:01	01:29:55		35	
209	874	BOŚ MARCIN	WARSZAWA (WOLA)		POL	1992	M20	38	00:11:22	10:46:57	00:02:26	00:46:17	00:01:39	00:28:12	01:29:56	174		
210	1014	NAPIERAJ RAFAŁ	WARSZAWA		POL	1981	M30	59	00:11:08	10:43:48	00:02:43	00:44:27	00:01:21	00:30:20	01:29:59	175		
211	757	SACHMATA ANIA	PIASECZNO	KUŹNIA TRIATHLONU MOTO-PARTNER	POL	1994	K20	16	00:09:49	10:44:46	00:02:17	00:46:16	00:01:56	00:29:43	01:30:01		36	
212	771	REJMER EDWARD	SULEJÓWEK	TRIZARZA	POL	1976	M40	54	00:09:02	10:45:29	00:02:57	00:46:58	00:01:38	00:29:40	01:30:15	176		
213	868	MAZERANT MACIEJ	ŁÓDŹ	PURPOSE TEAM	POL	1978	M40	55	00:06:53	10:42:04	00:02:43	00:47:02	00:02:35	00:31:09	01:30:22	177		
214	1194	ZAWIASA DOROTA	ŁÓDŹ		POL	1983	K30	11	00:10:42	0	00:02:20	00:46:52	00:02:10	00:28:18	01:30:22		37	
215	1118	PIETRUSZEWSKI BARTŁOMIEJ	WARSZAWA		POL	1979	M40	56	00:10:16	10:43:55	00:02:57	00:46:02	00:02:37	00:28:53	01:30:45	178		
216	891	CHWIŁOC MACIEJ	ZIELONKI-WIEŚ	PRACUJ TRI TEAM GRUPA PRACUJ	POL	1979	M40	57	00:11:19	0	00:03:34	00:43:39	00:02:19	00:30:03	01:30:54	179		
217	894	HORBATY JERZY	WARSZAWA	WARSAW TRIATHLON TEAM	POL	1966	M50	13	00:10:34	10:44:14	00:05:18	00:45:26	00:02:17	00:27:27	01:31:02	180		
218	1191	RZESZUT PIOTR	WARSZAWA		POL	1979	M40	58	00:10:08	10:43:58	00:02:51	00:45:10	00:01:24	00:31:34	01:31:07	181		
219	93	JABLONOWSKI ANDRZEJ	WARSZAWA	FUNDACJA OJCOSTWO MISTRZOSTWO	POL	1971	M40	59	00:10:03	10:43:38	00:02:29	00:46:05	00:02:06	00:30:28	01:31:11	182		
220	1074	RYCIAK DARIUSZ	WARSZAWA		POL	1972	M40	60	00:09:29	10:45:12	00:02:22	00:48:33	00:03:13	00:27:47	01:31:24	183		
221	1093	MARCZAK JAKUB	NIEPORĘT	TRI LEVEL	POL	2000	M18	6	00:08:42	10:42:56	00:02:53	00:45:38	00:02:13	00:32:09	01:31:35	184		
222	927	PASTUSZKA MARIUSZ	ŁÓDŹ		POL	1976	M40	61	00:12:30	10:45:34	00:04:48	00:47:01	00:02:11	00:25:07	01:31:37	185		
223	1042	PAWIŃSKI KSAWERY	WARSZAWA		POL	2001	M18	7	00:10:05	10:45:06	00:03:00	00:48:48	00:02:01	00:27:20	01:31:45	186		
224	1184	ZBIEC PATRYK	WARSZAWA		POL	1983	M30	60	00:10:05	10:42:12	00:01:54	00:49:14	00:01:20	00:29:02	01:31:50	187		00:00:15
225	752	ZAKRZEWSKI WOJCIECH	WARSZAWA	KAMILGALAZKA.PL	POL	1978	M40	62	00:10:08	10:42:40	00:02:30	00:53:50	00:02:01	00:23:23	01:31:52	188		
226	884	PAWLAK MICHAŁ	WARSZAWA		POL	1985	M30	61	00:11:22	10:47:26	00:03:02	00:45:12	00:02:03	00:30:23	01:32:02	189		
227	773	WRÓBLEWSKI ARTUR	DUCHNICE		POL	1975	M40	63	00:11:28	10:46:14	00:02:41	00:45:36	00:01:49	00:30:41	01:32:15	190		
228	854	FIDECKI MICHAŁ	WARSZAWA	FIDE-POP	POL	1978	M40	64	00:12:13	10:45:24	00:02:08	00:43:53	00:01:22	00:32:40	01:32:16	191		
229	988	NAPIONTEK MARIA	WARSZAWA		POL	1986	K30	12	00:10:56	10:46:40	00:03:40	00:48:44	00:02:32	00:26:24	01:32:16		38	
230	1026	SZKOBEL BARTEK	ŁÓDŹ	PULS TRI TEAM	POL	1983	M30	62	00:12:01	10:45:38	00:03:03	00:47:00	00:02:24	00:27:49	01:32:17	192		
231	985	SZMYT PIOTR	POZNAŃ		POL	1977	M40	65	00:11:55	0	00:02:38	00:47:13	00:01:23	00:29:29	01:32:38	193		
232	895	SKIERKOWSKI KAROL	MŁAWA		POL	1985	M30	63	00:09:09	10:43:19	00:03:52	00:48:18	00:01:46	00:29:44	01:32:49	194		
233	1097	STANKIEWICZ PIOTR	RADZYMIN		POL	1985	M30	64	00:11:25	10:46:13	00:01:41	00:52:01	00:02:00	00:25:50	01:32:57	195		
234	926	PRZYBYLSKI ŁUKASZ	SZADEK		POL	1990	M20	39	00:15:21	0	00:02:25	00:44:25	00:02:02	00:28:47	01:33:00	196		
235	900	ŚWIERŻEWSKA EWA	WARSZAWA	SPORTOWARODZINA.PL	POL	1975	K40	6	00:10:30	10:44:17	00:02:39	00:46:16	00:01:43	00:32:07	01:33:15		39	
236	924	MICHAŁSKI ANDRZEJ	RADZYMIN		POL	1984	M30	65	00:09:47	10:44:42	00:05:21	00:46:38	00:02:55	00:28:43	01:33:24	197		
237	1131	DELMOTTE GUILLAUME	WARSZAWA		POL	1979	M40	66	00:09:44	0	00:03:00	00:46:56	00:02:51	00:31:00	01:33:31	198		
238	970	SŁAWIK ŁUKASZ	WARSZAWA	TĘCZOWA SZTAFETA	POL	1976	M40	67	00:09:50	10:45:54	00:02:03	00:47:20	00:01:40	00:32:41	01:33:34	199		
239	845	DZIĘCIOŁ WŁODZIMIERZ	WOŁOMIN	RKS FAMILY ACTIVE	POL	1972	M40	68	00:12:06	10:47:50	00:03:37	00:45:50	00:01:35	00:30:41	01:33:49	200		
240	958	PACZKA PAWEŁ	PRUSZKÓW		POL	1985	M30	66	00:10:31	10:43:05	00:03:18	00:47:45	00:01:47	00:30:28	01:33:49	201		

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 Miejscowość: NIEPORĘT



OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
241	761	PŁOTKA EMILIA	KOSZALIN		POL	1983	K30	13	00:11:10	10:46:05	00:02:31	00:49:15	00:01:21	00:29:34	01:33:51		40	
242	870	JUŚIŃSKI MACIEJ	WARSZAWA	U	POL	1994	M20	40	00:10:08	10:44:37	00:02:21	00:49:00	00:01:52	00:30:34	01:33:55	202		
243	979	WŁODARCZYK MIREK	WŁODAWA	I LO UKS KOŚCISZKO WŁODAWA	POL	1976	M40	69	00:11:19	10:43:35	00:02:46	00:43:21	00:02:17	00:34:14	01:33:57	203		
244	831	WILCZAK AGATA	ZAGOSZCINIEC		POL	1979	K40	7	00:11:37	10:45:06	00:03:28	00:46:53	00:01:51	00:30:10	01:33:59		41	
245	858	ODOLIŃSKI JACEK	WARSZAWA	OJCIEC I SYN CIŚNIŃ ALBO SKIŚNIŃ!	POL	1960	M50	14	00:11:44	10:45:06	00:03:28	00:43:12	00:02:10	00:33:53	01:34:27	204		
246	897	MEISSNER PIOTR	WARSZAWA		POL	1989	M30	67	00:09:16	10:44:12	00:03:20	00:50:38	00:01:28	00:29:50	01:34:32	205		
247	938	DUDZIŃSKI PAWEŁ	WARSZAWA		POL	1980	M30	68	00:09:24	10:43:29	00:03:20	00:45:01			01:34:45	206		
248	1113	BOJEK ŁUKASZ	RADOM		POL	1985	M30	69	00:12:52	0	00:03:12	00:50:31	00:01:16	00:27:02	01:34:53	207		
249	947	ROGUŚKI KAMIL	RADZYMIN		POL	1986	M30	70	00:12:35	10:45:34	00:02:47	00:45:27	00:01:51	00:32:30	01:35:10	208		
250	92	PATYŃSKI SŁAWOMIR	MYSIADŁO	AVERBIT	POL	1972	M40	70	00:12:24	10:45:12	00:03:58	00:45:03	00:03:48	00:29:57	01:35:10	209		
251	914	GERVAIS NICOLAS	WARSZAWA	WITC	POL	1985	M30	71	00:09:17	10:46:00	00:03:02	00:47:53	00:04:12	00:30:47	01:35:11	210		
252	1007	WŁOCH JOANNA	WARSAW	JOANNA WŁOCH	POL	1983	K30	14	00:16:37	10:45:00	00:01:52	00:47:03	00:02:32	00:27:14	01:35:18		42	
253	930	OŹGO KAJA	PIASECZNO		POL	1988	K30	15	00:10:18	10:44:07	00:03:08	00:49:59	00:01:48	00:30:06	01:35:19		43	
254	896	PIASTA ALICJA	WARSZAWA	WARSAW INTERNATIONAL TRIATHLON CLUB	POL	1983	K30	16	00:11:06	10:45:38	00:03:11	00:48:21	00:03:08	00:29:42	01:35:28		44	
255	1199	ZBIĘĆ DOMINIK	WARSZAWA		POL	1919	M60+	5	00:09:32	10:41:51	00:02:10	00:52:54	00:01:18	00:29:37	01:35:31	211		
256	871	ZALEWSKI MARCIN	WARSZAWA	CANOR ANTICUS	POL	1952	M60+	6	00:12:16	10:47:20	00:03:40	00:49:25	00:01:41	00:28:18	01:35:35	212		00:00:15
257	1039	BUKOWY PRZEMYSŁAW	WARSZAWA		POL	1986	M30	72	00:12:55	10:47:34	00:03:39	00:50:31	00:01:28	00:27:04	01:35:37	213		
258	1098	JAKUBOWSKA JOANNA	WARSZAWA	TRIMASTERS	POL	1977	K40	8	00:09:57	10:45:18	00:03:56	00:49:12	00:01:42	00:30:53	01:35:40		45	
259	1066	SKOBLAWSKI WOJCIECH	WARSZAWA		POL	1980	M30	73	00:10:02	10:44:26	00:02:28	00:50:01	00:01:16	00:31:53	01:35:40	214		
260	1100	BUJAK JAN	MICHAŁÓWEK	AIRON TEAM TRIATHLON	POL	2000	M18	8	00:09:32	10:44:01	00:02:43	00:47:35	00:01:56	00:33:56	01:35:42	215		
261	977	STĘPIEŃ KAROL	LIPNIK		POL	1992	M20	41	00:11:05	10:46:56	00:03:32	00:48:39	00:01:48	00:30:57	01:36:01	216		
262	961	TUREK MICHAŁ P.	WARSZAWA		POL	1981	M30	74	10:45:34	10:45:34	00:02:33	00:47:11	00:02:33	00:31:59	01:36:03	217		
263	892	KOŁODZIEJCZYK EWA	DOBIESZKÓW		POL	1981	K30	17	00:11:27	10:45:25	00:02:31	00:52:35	00:01:41	00:28:16	01:36:30		46	
264	777	SOKOŁOWSKI ROBERT	WARSZAWA	ŻONA	POL	1984	M30	75	00:14:25	10:43:42	00:03:06	00:45:39	00:02:09	00:31:15	01:36:34	218		
265	836	ŁUCZYŃSKI BARTOSZ	SKIERDY		POL	1988	M30	76	00:09:31	10:45:20	00:02:26	00:50:10	00:01:47	00:32:41	01:36:35	219		
266	1020	DOMINIAK MICHAŁ	PIASECZNO		POL	1981	M30	77	00:13:43	10:45:55	00:03:36	00:46:15	00:02:47	00:30:15	01:36:36	220		
267	1019	DOMINIAK KATARZYNA	PIASECZNO		POL	1983	K30	18	00:13:43	10:45:55	00:03:35	00:46:19	00:02:44	00:30:15	01:36:36		47	
268	920	OLKOWICZ HUBERT	WARSZAWA		POL	1992	M20	42	00:15:00	10:43:38	00:03:04	00:45:52	00:01:50	00:30:50	01:36:36	221		
269	955	BIŃKOWSKA MAGDALENA	WARSZAWA		POL	1990	K20	17		10:44:21		00:50:16	00:02:23	00:29:31	01:36:42		48	
270	823	GUGUŁSKA JULIA	WARSZAWA		POL	2000	K18	3	00:10:06	10:47:14	00:03:21	00:52:04	00:02:12	00:29:02	01:36:45		49	
271	1064	KONOPACKA SANDRA	OTWOCK		POL	1991	K20	18	00:11:19	0	00:03:08	00:51:55	00:01:52	00:29:09	01:37:23		50	
272	852	KRASOWSKA ALEKSANDRA	WARSZAWA		POL	1984	K30	19	00:10:23	10:46:46	00:02:43	00:48:28	00:01:59	00:34:02	01:37:35		51	
273	1144	ADAMOWICZ KONRAD	PIASECZNO	SUSHI STREFA	POL	1977	M40	71	00:12:18	10:44:27	00:02:51	00:50:49	00:01:52	00:29:59	01:37:49	222		
274	937	ŚCIBAK PAWEŁ	WARSZAWA		POL	1990	M20	43	00:12:52	10:44:42	00:03:31	00:50:45	00:01:35	00:29:08	01:37:51	223		
275	1102	SIEDZINIENSKI MICHAŁ	MICHAŁOWICE	MIESIĘCZNIK DEALER MIESIĘCZNIK DEALER	POL	1981	M30	78	00:09:58	10:43:34	00:04:49	00:47:18	00:03:13	00:32:39	01:37:57	224		
276	1193	MICHALCZUK KRZYSZTOF	WARSZAWA		POL	1980	M30	79	00:11:11	10:43:38	00:04:39	00:48:52	00:02:31	00:30:46	01:37:59	225		
277	885	JAROSZ-JARZEWSKI MATEUSZ	WARSZAWA		POL	1986	M30	80	00:11:06	10:43:51	00:02:29	00:50:48	00:02:07	00:31:32	01:38:02	226		
278	853	SIÓDEMAK MARCIN	WARSZAWA		POL	1974	M40	72	00:12:21	10:47:02	00:02:57	00:54:25	00:01:40	00:26:40	01:38:03	227		
279	1096	JAKUBIAK ADAM	WARSZAWA	AJ STUDIO	POL	1987	M30	81	00:09:45	10:46:04	00:03:41	00:47:54	00:04:58	00:31:32	01:38:05	228		00:00:15
280	1127	KŁOSEK MICHAŁ	PŁOŃSK		POL	1970	M40	73	00:12:33	10:45:17	00:02:24	00:50:01	00:02:23	00:30:44	01:38:05	229		
281	856	KOMAR PAWEŁ	WROCLAW	PROGRESS TRIATHLON TEAM	POL	1985	M30	82	00:10:04	10:45:17	00:03:02	00:47:01	00:02:16	00:35:46	01:38:09	230		
282	898	BURDA ANNA	WARSZAWA		POL	1978	K40	9	00:10:52	10:43:56	00:03:10	00:51:07	00:02:21	00:30:39	01:38:09		52	
283	1031	JURCZYSZYN ŁUKASZ	WARSZAWA		POL	1980	M30	83	00:09:17	10:42:40	00:02:51	00:53:29	00:01:26	00:31:07	01:38:10	231		
284	903	OWCZAREK PIOTR	WARSZAWA		POL	1963	M50	15	00:10:11	10:43:48	00:03:51	00:46:58	00:02:42	00:34:37	01:38:19	232		
285	769	STANKIEWICZ KATARZYNA	WARSZAWA		POL	1976	K40	10	00:11:11	10:46:40	00:02:35	00:53:03	00:02:10	00:29:20	01:38:19		53	
286	1016	PIĘTAŁ ŁUKASZ	LUBLIN	LUBELSKA GRUPA TRIATHLONU	POL	1988	M30	84	00:12:14	10:46:35	00:03:19	00:46:33	00:02:36	00:33:46	01:38:28	233		
287	981	GAWKOWSKI ARTUR	MARKI		POL	1988	M30	85	00:13:35	10:46:57	00:02:51	00:50:54	00:01:34	00:29:43	01:38:37	234		
288	887	KOSMOWSKI TADEUSZ	WARSZAWA	TK CONSULTING	POL	1982	M30	86	00:13:14	10:46:30	00:01:55	00:46:18	00:03:23	00:33:48	01:38:38	235		

# GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.  
 Data: 31.08.2019  
 Dystans: 1/8 IM (0,475-22,5-5,275)  
 Miejscowość: NIEPORĘT



## OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
289	991	BRZOZOWSKI MARIUSZ	WARSZAWA		POL	1993	M20	44	00:15:01	10:45:42	00:03:26	00:50:27	00:01:29	00:28:16	01:38:39	236		
290	917	PIOTROWSKI FILIP	WARSZAWA	ORTOREH TRI TEAM	POL	1989	M30	87	00:16:45	10:47:20	00:05:14	00:43:43	00:03:10	00:30:04	01:38:56	237		
291	1077	ANGELEIKO ARTEM	WARSZAWA		POL	1989	M30	88	00:09:50	10:43:10	00:02:52	00:50:39	00:01:30	00:34:21	01:39:12	238		
292	1189	ADAMCZYK MICHAŁ	MIĘDZYBORÓW		POL	1997	M20	45	00:13:17	10:47:08	00:04:30	00:50:16	00:01:18	00:30:06	01:39:27	239		
293	1048	MOSTOWSKI ADAM	WARSZAWA		POL	1983	M30	89	00:16:41	10:47:03	00:03:30	00:46:07	00:01:40	00:31:16	01:39:29	240		00:00:15
294	1140	CHMURSKI ZBIGNIEW	GOSPODARZ		POL	1965	M50	16	00:12:55	10:43:19	00:03:25	00:47:34	00:02:23	00:33:13	01:39:30	241		
295	1136	ZAMBROWSKI GRZEGORZ	PIASECZNO		POL	1989	M30	90	00:13:28	10:46:39	00:03:48	00:48:25	00:02:20	00:31:32	01:39:33	242		
296	1006	WNUK ANNA	WARSZAWA - POLSKA	WARSAW MASTERS TEAM	POL	1968	K50	2	00:10:30	10:42:44	00:02:30	00:51:06	00:01:49	00:33:49	01:39:44		54	
297	738	SACHMATA AGATA	PIASECZNO	KUŹNIA TRIATHLONU	POL	1966	K50	3	00:10:42	10:44:46	00:02:28	00:48:59	00:03:02	00:34:37	01:39:48		55	
298	750	DZIUBEK MACIEJ	WARSZAWA		POL	1987	M30	91	00:10:45	10:43:05	00:04:02	00:51:32	00:03:08	00:30:22	01:39:49	243		
299	916	ŁOJEWSKI PAWEŁ	LEGIONOWO	SATORI SPORT KLUB	POL	1980	M30	92	00:10:01	10:43:33	00:04:35	00:48:44	00:02:37	00:34:03	01:40:00	244		
300	1023	PASTUREK JAN	MAŁA NIESZAWKA		POL	2002	M16	5	00:10:01	10:46:26	00:05:16	00:48:08	00:02:06	00:34:30	01:40:01	245		
301	1024	PASTUREK SEBASTIAN	MAŁA NIESZAWKA	AS PRODUKT SEBASTIAN PASTUREK AS PRODUKT SEB	POL	1974	M40	74	00:12:27	10:46:25	00:03:40	00:47:20	00:02:49	00:33:48	01:40:04	246		
302	959	JABŁOŃSKI RADOSŁAW	NOWODWÓR		POL	1995	M20	46	00:11:50	10:45:42	00:02:33	00:47:34	00:01:54	00:36:14	01:40:05	247		
303	837	IZDEBSKA EWA	LUBLIN		POL	1993	K20	19	00:10:07	10:44:42	00:02:48	00:49:05	00:02:50	00:35:28	01:40:18		56	
304	753	FRANKOWSKA MARIKA	WARSZAWA (BEMOWO)		POL	1986	K30	20	00:12:56	10:44:56	00:02:43	00:49:16	00:02:04	00:33:27	01:40:26		57	
305	1003	SOBCZYŃSKI KAROL ANTONI	WARSZAWA	KLN TEAM	POL	1996	M20	47	00:11:41	10:45:38	00:02:23	00:49:52	00:02:09	00:34:26	01:40:31	248		
306	957	PODGÓRSKA EWA	ŁÓDŹ		POL	1998	K20	20	00:10:17	10:45:21	00:03:45	00:47:15	00:03:02	00:36:14	01:40:33		58	
307	956	GRZELAK MATEUSZ	ŁÓDŹ		POL	1993	M20	48	00:11:04	10:45:21	00:02:48	00:47:31	00:02:56	00:36:14	01:40:33	249		
308	1208	KIERSNOWSKA NICOLE	WARSZAWA		POL	1980	K30	21	00:10:50	10:45:12	00:02:49	00:53:26	00:01:29	00:32:13	01:40:47		59	
309	1047	JAGLIŃSKI MACIEJ	WARSZAWA	KLN TEAM	POL	1988	M30	93	00:12:11	10:45:42	00:03:20	00:50:23	00:02:16	00:32:26	01:40:51	250		00:00:15
310	695	LIŚ EWA	WARSZAWA	TRICLUB	POL	1987	K30	22	00:10:40	10:43:55	00:01:36	00:53:33	00:01:32	00:33:50	01:41:11		60	
311	964	ŁUCZAK BARTOSZ	SANDOMIERZ	TSA SANDOMIERZ	POL	1993	M20	49	00:08:23	10:44:36	00:01:44	00:52:36	00:02:14	00:36:18	01:41:15	251		
312	1015	KĄŻMIERSKI JANUSZ	WARSZAWA	DA SIĘ	POL	1955	M60+	7		10:46:00		00:48:06	00:03:26	00:31:30	01:41:15	252		
313	850	BYSTRON AGNIESZKA	OSTROWIEC ŚWIĘTOKRZY		POL	1974	K40	11	00:11:13	10:45:42	00:03:16	00:46:39	00:02:52	00:37:22	01:41:22		61	
314	939	LICHNOWSKI PRZEMYSŁAW	PŁOCK	SANDACZ'15 DA SANDAŁ	POL	1993	M20	50	00:14:12	10:47:34	00:03:41	00:48:00	00:02:22	00:33:12	01:41:27	253		
315	739	NAPORA MATEUSZ	WARSZAWA		POL	1986	M30	94	00:11:10	10:46:04	00:03:02	00:45:57	00:01:57	00:39:26	01:41:32	254		
316	982	ZAWADOWSKI PIOTR	WARSZAWA		POL	1984	M30	95	00:10:37	10:46:31	00:02:49	00:49:34	00:01:21	00:37:39	01:42:00	255		
317	779	KARASIŃSKI MARCIN	JABŁONNA		POL	1996	M20	51	00:12:03	10:45:29	00:04:46	00:49:59	00:01:18	00:34:02	01:42:08	256		
318	1196	OSTAPIUK BRUNON	KOMORÓW		POL	2002	M16	6	00:11:04	10:45:05	00:04:48	00:53:12	00:01:43	00:31:22	01:42:09	257		
319	931	DREWNIAK MARTA	WARSZAWA - POLSKA		POL	1984	K30	23	00:10:23	10:44:13	00:03:00	00:50:21	00:02:45	00:35:42	01:42:11		62	
320	1089	MATUSZEWICZ JAKUB	ŁÓDŹ	19941994	POL	1994	M20	52	00:11:07	10:43:09	00:03:32	00:52:48	00:01:36	00:33:08	01:42:11	258		
321	932	SOKÓLSKA MAGDA	WARSZAWA	VEGE RUNNERS	POL	1988	K30	24	00:11:14	10:47:26	00:03:38	00:51:19	00:03:49	00:32:20	01:42:20		63	
322	1202	CHOUIN GILDAS	WARSZAWA - POLSKA		FRA	1970	M40	75	00:13:49	10:47:09	00:04:38	00:48:22	00:02:21	00:33:22	01:42:32	259		
323	1081	OWCZAREK PAWEŁ	PABIANICE		POL	1971	M40	76		10:43:19					01:42:34	260		
324	901	KĄŃCZUGOWSKA ELWIRA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1986	K30	25	00:11:01	10:44:47	00:02:34	00:50:56	00:01:58	00:36:09	01:42:38		64	
325	1105	HAC MONIKA	ŁÓDŹ		POL	1976	K40	12	00:10:52	10:44:55	00:04:08	00:50:00	00:03:25	00:34:23	01:42:48		65	
326	1104	ŁYSIAK DAMIAN	WARSZAWA		POL	1999	M20	53	00:10:12	10:46:46	00:05:23	00:56:12	00:01:46	00:29:22	01:42:55	261		
327	999	JANUSZEWSKA EWA	MAŁA WIEŚ	SOKÓŁ BODZANÓW	POL	1975	K40	13	00:13:03	10:46:40	00:04:10	00:49:16	00:02:34	00:34:02	01:43:05		66	
328	1041	THOMAS NICOLA	WARSZAWA	WITC	POL	1990	K20	21	00:12:23	10:46:00	00:05:44	00:52:24	00:02:39	00:30:00	01:43:10		67	
329	785	KUBIAK TOMASZ	DOBRCZ	DOBRCZ	POL	1959	M60+	8	00:09:39	10:41:29	00:02:58	00:48:14	00:01:51	00:40:47	01:43:29	262		
330	809	TARCZYŃSKI MARCIN	MARKI	TARCZA BIEGA	POL	1971	M40	77	00:12:05	10:47:43	00:03:20	00:51:34	00:01:38	00:35:19	01:43:56	263		
331	1201	WALECKA-SZCZEPANIK SYLWIA	WARSZAWA (WOLA)	TRIMASTERS	POL	1973	K40	14	00:10:49	10:45:17	00:03:49	00:56:28	00:01:45	00:31:15	01:44:06		68	
332	883	MICHALSKI BARTOSZ	STANISŁAWÓW PIERWSZY		POL	1995	M20	54	00:08:55	10:45:00	00:02:55	00:50:38	00:03:16	00:38:35	01:44:19	264		
333	833	IZDEBSKA RENATA	LUBLIN		POL	1955	K60+	1	00:12:06	10:45:21	00:02:32	00:54:46	00:01:58	00:33:12	01:44:34		69	
334	899	PRZYBYLSKA DANUTA	GOLINA		POL	1985	K30	26	00:11:15	10:46:56	00:03:07	00:53:24	00:01:51	00:35:12	01:44:49		70	
335	770	PROROK ADAM	LEGIONOWO		POL	1968	M50	17	00:13:02	10:45:34	00:03:28	00:49:16	00:03:40	00:35:39	01:45:05	265		
336	1197	WAGNER JAN	WARSZAWA - POLSKA		POL	2003	M16	7	00:10:58	10:46:14	00:03:31	00:54:59	00:01:46	00:34:00	01:45:14	266		

# GARMIN IRON TRIATHLON NIEPORĘT 2019

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 Miejscowość: NIEPORĘT



OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
337	1095	BAK PIOTR	KONSTANCJA-JEZIORNA	HUSARIA RACE TEAM	POL	1986	M30	96	00:11:44	10:42:47	00:03:59	00:49:58	00:02:40	00:37:07	01:45:28	267		
338	973	PIĘTOWSKI GRZEGORZ	PIASTÓW		POL	1966	M50	18	00:12:25	10:47:20	00:04:36	00:48:56	00:01:30	00:38:04	01:45:31	268		
339	1022	RASZOWSKI JAKUB	ZĄBKI		POL	1981	M30	97	00:10:53	10:43:14	00:04:34	00:45:44	00:02:41	00:42:09	01:46:01	269		
340	791	WAJSZCZAK TOMASZ	CEKANOWO		POL	1980	M30	98	00:10:31	10:43:00	00:03:38	00:57:59	00:01:24	00:32:34	01:46:06	270		
341	1139	TOMSZYS EWA	WARSZAWA	TRI LEVEL	POL	1994	K20	22	00:07:55	0	00:02:43	00:51:57	00:01:36	00:42:02	01:46:13		71	
342	766	DONICA EWELINA	WARKA		POL	1986	K30	27	00:14:04	10:46:40	00:03:22	00:53:10	00:01:59	00:34:13	01:46:48		72	
343	1203	FRANK SZYMON	WARSAW	DR FRANK AUTORSKA KLINIKA STOMATOLOGICZNA	POL	1981	M30	99	00:11:54	0	00:03:03	00:52:48	00:02:06	00:37:35	01:47:26	271		
344	855	BUDAJ-FIDECKA ANNA	WARSZAWA	FIDE-POP	POL	1979	K40	15	00:12:04	10:45:25	00:03:04	00:52:32	00:02:34	00:37:54	01:48:08		73	
345	1198	WAGNER RAFAŁ	WARSZAWA - POLSKA		POL	1976	M40	78	00:15:59	10:46:15	00:02:16	00:57:35	00:01:37	00:30:47	01:48:14	272		
346	824	JASZEK-WILCZYŃSKA ANNA	WARSZAWA		POL	1983	K30	28	00:13:06	0	00:02:32	00:52:25	00:02:38	00:37:37	01:48:18		74	
347	792	MICHALEWSKA ANNA	OLSZOWICE	DRUŻYNA GRUBEGO MISIA	POL	1978	K40	16	00:15:10	10:47:51	00:03:41	00:55:43	00:02:20	00:31:35	01:48:29		75	
348	1071	JARON MICHAŁ	WARSZAWA	TN BIEGÓWKI WESOŁA	POL	1977	M40	79	00:09:39	10:42:01	00:03:00	00:49:29	00:03:45	00:42:24	01:48:32	273		00:00:15
349	1177	TKACZYK ZENON	GÓRA KALWARIA		POL	1957	M60+	9	00:13:45	10:47:41	00:03:44	00:49:54	00:02:07	00:39:09	01:48:39	274		
350	799	WIETRZYCKI MARCIN	WARSZAWA	REBELLION OF FREE RUNNERS	POL	1983	M30	100	00:16:02	10:47:43	00:02:51	00:53:31	00:01:26	00:35:24	01:49:14	275		
351	1070	BABIUCH MIROSLAW	JULIANÓW	EDC RUNNERS	POL	1982	M30	101	00:15:18	10:46:31	00:03:00	00:51:31	00:01:54	00:37:51	01:49:34	276		
352	841	POLAK MAGDALENA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1990	K20	23	00:09:55	10:42:04	00:04:06	00:57:30	00:02:27	00:35:48	01:49:46		76	
353	1028	JEDYNAK MICHAŁ	SKARZYSKO KAMIENNA		POL	1976	M40	80	00:11:22	10:45:54	00:02:28	00:52:59	00:01:37	00:41:44	01:50:10	277		
354	934	SZWEDZIK BEATA	WARSZAWA		POL	1961	K50	4	00:14:24	10:46:31	00:03:10	00:53:13	00:02:19	00:37:12	01:50:18		77	
355	758	SZULC ŁUKASZ	WARSZAWA		POL	1918	M60+	10	00:14:25	10:46:46	00:03:01	00:55:39	00:02:48	00:34:26	01:50:19	278		
356	1040	ZAWADKA AGNIESZKA	BLIZNE JASIŃSKIEGO		POL	1971	K40	17	00:14:35	0	00:04:52	00:52:23	00:03:36	00:34:55	01:50:21		78	
357	941	KOWALIK EDYTA	LUBLIN 6		POL	1972	K40	18	00:13:33	10:47:03	00:03:13	00:54:02	00:02:14	00:37:36	01:50:38		79	
358	1036	GOŚCICKA EWELINA	USTANÓW		POL	1983	K30	29	00:13:23	10:43:34	00:03:17	00:53:09	00:02:42	00:38:22	01:50:53		80	
359	913	NOWAK ALEKSANDER	KONSTANTYNÓW ŁÓDZKI		POL	1972	M40	81	00:11:38	10:45:30	00:07:58	00:58:19	00:03:39	00:29:48	01:51:22	279		
360	818	PIECHOTA ARKADIUSZ	PRUSZKÓW		POL	1982	M30	102	00:14:53	10:47:25	00:03:52	00:53:35	00:01:49	00:37:15	01:51:24	280		
361	993	PIWOŃSKI PIOTR	WARSZAWA - POLSKA	PIVONEX TEAM PIVONEX	POL	1988	M30	103	00:11:49	10:47:33	00:04:48	00:58:39	00:01:39	00:34:36	01:51:31	281		
362	867	HUSZCZA BARTOSZ	WARSZAWA		POL	1981	M30	104	00:12:29	10:46:14	00:02:53	01:00:56	00:01:59	00:33:31	01:52:03	282		00:00:15
363	866	KAŻMIERCZAK ANNA	SZPETAŁ GÓRNY		POL	1988	K30	30	00:12:12	10:44:21	00:03:31	00:53:24	00:02:44	00:40:23	01:52:14		81	
364	862	GÓRKA EMILIA	CIECHANÓW		POL	1989	K30	31	00:19:21	10:47:42	00:03:46	00:52:26	00:02:12	00:34:33	01:52:18		82	
365	1128	JAWOROWSKI PATRYK	WARSZAWA - POLSKA		POL	1991	M20	55	00:12:09	10:46:04	00:03:09	00:55:05	00:01:55	00:40:12	01:52:30	283		
366	998	KUCAB MACIEJ	WARSZAWA	HASBRO TEAM	POL	1984	M30	105	00:13:31	10:44:42	00:03:18	00:49:16	00:03:08	00:43:29	01:52:42	284		
367	1029	JĘDRZEJEWSKA ANNA	GDAŃSK		POL	1991	K20	24	00:10:20	10:43:14	00:03:34	00:58:21	00:03:36	00:37:26	01:53:17		83	
368	1133	SZUMILAS RAFAL	GRODZISK MAZOWIECKI		POL	1982	M30	106	00:12:35	10:47:15	00:05:01	00:52:43	00:01:56	00:41:26	01:53:41	285		
369	933	WOJCIECHOWSKA SYLWIA	WARSZAWA		POL	1982	K30	32	00:11:50	10:46:26	00:03:49	01:00:06	00:03:23	00:34:49	01:53:57		84	
370	992	PŁOTKA GRZEGORZ	KOSZALIN		POL	1982	M30	107	00:11:51	10:46:04	00:02:45	00:53:23	00:01:46	00:44:34	01:54:19	286		
371	1176	TKACZYK GOSIA	WARSZAWA - POLSKA		POL	1994	K20	25	00:13:48	10:47:41	00:03:40	00:54:06	00:01:51	00:41:12	01:54:37		85	
372	989	WIŚNIEWSKA-STODOLNA PATRYCJA	WARSZAWA		POL	1976	K40	19	00:11:17	10:44:07	00:03:51	00:57:29	00:02:15	00:40:22	01:55:14		86	
373	911	POPOVAC NATASA	WARSAW	WITC	POL	1974	K40	20	00:15:19	10:46:10	00:05:29	00:57:27	00:02:45	00:34:30	01:55:30		87	
374	978	CIEŚLA ALEKSANDRA	WARSZAWA	B3 CONSULTING POLAND B3 CONSULTING POLAND	POL	1990	K20	26	00:16:00	10:47:33	00:03:17	01:01:37	00:02:04	00:32:23	01:55:36		88	00:00:15
375	1072	MACIEJEWSKI TADEUSZ	CHOTOMÓW	AMATOR - NIEZRZESZONY	POL	1956	M60+	11	00:11:10	10:43:11	00:04:59	00:58:08	00:02:12	00:39:15	01:55:44	287		
376	935	DYMEL PIOTR	WARSZAWA	12TRI.PL	POL	1952	M60+	12	00:15:30	10:46:10	00:04:08	00:55:38	00:02:37	00:37:55	01:55:48	288		
377	786	ŚWIDZIŃSKA AGNIESZKA	LEGIONOWO		POL	1973	K40	21	00:10:37	10:46:00	00:05:54	01:01:34	00:04:14	00:34:00	01:56:19		89	
378	910	SZCZEPAŃSKI MAREK	WARSZAWA	TRICLUB	POL	1972	M40	82	00:11:36	10:45:47	00:06:15	00:53:23	00:02:27	00:42:43	01:56:24	289		
379	1056	KUCZYŃSKI ŁUKASZ	JÓZEFÓW	HUSARIA RACE TEAM	POL	1986	M30	108	00:13:47	10:45:47	00:03:49	01:04:00	00:01:36	00:33:27	01:56:39	290		
380	1055	BIENKO-KUCZYŃSKA AGNIESZKA	JÓZEFÓW	BESTIE OCR LEGIONOWO	POL	1986	K30	33	00:13:45	10:45:47	00:03:46	01:04:10	00:01:32	00:33:26	01:56:39		90	
381	869	KURPIŃSKI WIKTOR	WARSZAWA	NATURAL FORCE WORKOUT	POL	1987	M30	109	00:10:03	10:45:30	00:05:38	01:06:42	00:03:16	00:31:39	01:57:18	291		
382	986	KALINOWSKA DOMINIKA	WARSZAWA		POL	1998	K20	27	00:21:29	10:47:08	00:02:21	00:57:51	00:01:41	00:34:30	01:57:52		91	
383	742	HEREĆ-OLEJNIK EWA	ŁOMIAŃKI - KIELPIN	ŁOMIAŃKOWSKA GRUPA BIEGOWA/RUN OLEY RUN O	POL	1970	K40	22	00:14:20	10:47:14	00:06:01	01:03:37	00:03:03	00:31:04	01:58:05		92	
384	741	OLEJNIK TOMASZ	ŁOMIAŃKI - KIELPIN	ŁOMIAŃKOWSKA GRUPA BIEGOWA RUN OLEY	POL	1973	M40	83	00:12:19	10:47:14	00:02:34	00:59:41	00:03:03	00:41:11	01:58:48	292		



# GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.  
Data: 31.08.2019  
Dystans: 1/8 IM (0,475-22,5-5,275)  
Miejscowość: NIEPORĘT



OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	Kara
385	1181	KLIMOV ALEXANDER	WARSZAWA		RUS	1961	M50	19	00:10:25	10:46:51	00:05:22	00:52:25	00:02:36	00:49:19	02:00:07	293		
386	942	HARASIMIUK NORBERT	SŁUPNO		POL	1991	M20	56	00:12:49	10:45:25	00:03:46	01:05:25	00:01:57	00:38:52	02:02:49	294		
387	877	HASS PIOTR	WARSZAWA		POL	1958	M60+	13	00:14:32	10:46:22	00:07:04	00:50:35	00:04:14	00:51:02	02:07:27	295		
388	1141	BARTNIK BOŻENA	WARSZAWA	KU AZS WAT	POL	1958	K60+	2	00:12:02	10:47:03	00:06:14	01:07:01	00:04:44	00:41:14	02:11:15		93	
389	587	WĘŻYK KAMIL	NOWA IWICZNA		POL	1986	M30	110	00:11:50	0	00:07:46	01:18:39	00:03:16	00:36:42	02:18:28	296		00:00:15
390	886	BOBROWSKA MALGORZATA	WARSZAWA		POL	1984	K30		00:11:04	10:43:51	00:02:34	00:50:46			DNF			