

# VI Marceński Bieg Jesienny - 15 km

Poznań 03.11.2019 | Dystans: 15,00 km | Wyniki OPEN



| Msc. | Nr  | Imię i nazwisko  | Nar. | Klub                    | Miejscowość  | Rocznik | Kat. wiek. | msc. kat.wiek. | M  | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|--|------|-------------------------|--------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 1    | 316 | Łukasz Fabiański<br>5 km: 00:19:23   10 km: 00:38:47         | POL  | PSE / RehaBalance Team  | Międzychód   | 1995    | M20        | 1              | 1  |   | 00:57:48    | 00:57:49     | 03:51           |
| 2    | 351 | Daniel Marek<br>5 km: 00:20:12   10 km: 00:40:27             | POL  | Cybina Team             | Swarzędz     | 1974    | M40        | 1              | 2  |   | 01:00:41    | 01:00:44     | 04:03           |
| 3    | 304 | Dariusz Zawidzki<br>5 km: 00:20:16   10 km: 00:41:28         | POL  |                         | Poznań       | 1984    | M30        | 1              | 3  |   | 01:04:10    | 01:04:10     | 04:17           |
| 4    | 308 | Witold Sobczak<br>5 km: 00:20:43   10 km: 00:42:30           | POL  | KB Szamotuły            | Poznań       | 1977    | M40        | 2              | 4  |   | 01:04:28    | 01:04:32     | 04:18           |
| 5    | 331 | Tomasz Niemir<br>5 km: 00:21:44   10 km: 00:43:47            | POL  |                         | Koziegłowy   | 1993    | M20        | 2              | 5  |   | 01:05:38    | 01:05:40     | 04:23           |
| 6    | 347 | Mariusz Walczak<br>5 km: 00:22:01   10 km: 00:44:15          | POL  |                         | Poznań       | 1983    | M30        | 2              | 6  |   | 01:05:40    | 01:05:47     | 04:23           |
| 7    | 293 | Robert Mazur<br>5 km: 00:21:33   10 km: 00:44:04             | POL  |                         | Mieścisko    | 1990    | M20        | 3              | 7  |   | 01:07:53    | 01:07:56     | 04:32           |
| 8    | 348 | Marcel Maciejewski<br>5 km: 00:21:53   10 km: 00:45:08       | POL  |                         | Poznań       | 1987    | M30        | 3              | 8  |   | 01:08:24    | 01:08:32     | 04:34           |
| 9    | 333 | Sebastian Torchała<br>5 km: 00:22:44   10 km: 00:46:17       | POL  | J&ZTORCH                | Kobylnica    | 1977    | M40        | 3              | 9  |   | 01:09:01    | 01:09:04     | 04:36           |
| 10   | 339 | Mykyta Tarakankov<br>5 km: 00:22:41   10 km: 00:46:38        | UKR  | BC SPARTA-DNIPRO        | Poznań       | 1979    | M40        | 4              | 10 |   | 01:11:07    | 01:11:12     | 04:44           |
| 11   | 340 | Aleksander Niemir<br>5 km: 00:22:59   10 km: 00:47:14        | POL  | KB Maniac Poznań        | Poznań       | 1965    | M50        | 1              | 11 |   | 01:11:34    | 01:11:36     | 04:46           |
| 12   | 352 | Paweł Przywieczerski<br>5 km: 00:23:07   10 km: 00:47:13     | POL  |                         | Gruszczyn    | 1978    | M40        | 5              | 12 |   | 01:11:44    | 01:11:55     | 04:47           |
| 13   | 310 | Adrian Łukasik<br>5 km: 00:24:30   10 km: 00:49:03           | POL  | AdRunaLine Running Team | Poznań       | 1987    | M30        | 4              | 13 |   | 01:11:58    | 01:12:03     | 04:48           |
| 14   | 336 | Kinga Gliszczyńska<br>5 km: 00:24:01   10 km: 00:48:40       | POL  |                         | Luboń        | 1978    | K40        | 1              |    | 1 | 01:12:47    | 01:12:52     | 04:51           |
| 15   | 297 | Piotr Draber<br>5 km: 00:24:32   10 km: 00:49:00             | POL  | Biegacze Celebryci      | Poznań       | 1991    | M20        | 4              | 14 |   | 01:13:27    | 01:13:30     | 04:54           |
| 16   | 337 | Michał Pięła<br>5 km: 00:24:39   10 km: 00:49:51             | POL  | Sportowy Kazimierz      | Kiączyn      | 1981    | M30        | 5              | 15 |   | 01:14:23    | 01:14:36     | 04:58           |
| 17   | 311 | Krzysztof Aleksandrowicz<br>5 km: 00:24:30   10 km: 00:49:04 | POL  | Unilever POznań         | Poznań       | 1983    | M30        | 6              | 16 |   | 01:15:06    | 01:15:11     | 05:00           |
| 18   | 318 | Tomasz Wrąbel<br>5 km: 00:25:40   10 km: 00:50:56            | POL  | lecę bo chcę            | Poznań       | 1978    | M40        | 6              | 17 |   | 01:15:35    | 01:15:44     | 05:02           |
| 19   | 314 | Filip Pankowski<br>5 km: 00:24:45   10 km: 00:50:15          | POL  | Ryczywół                | Ryczywół     | 1993    | M20        | 5              | 18 |   | 01:16:29    | 01:16:36     | 05:06           |
| 20   | 313 | Andrzej Dembina<br>5 km: 00:24:42   10 km: 00:50:11          | POL  |                         | Gorzkie Pole | 1962    | M50        | 2              | 19 |   | 01:16:40    | 01:16:47     | 05:07           |

# VI Marceński Bieg Jesienny - 15 km

Poznań 03.11.2019 | Dystans: 15,00 km | Wyniki OPEN



| Msc. | Nr  | Imię i nazwisko  | Nar. | Klub               | Miejscowość  | Rocznik | Kat. wiek. | msc. kat.wiek. | M  | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|--|------|--------------------|--------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 21   | 319 | Robert Uzarewicz<br>5 km: 00:24:11   10 km: 00:49:46     | POL  | FinMan             | Plewiska     | 1975    | M40        | 7              | 20 |   | 01:17:10    | 01:17:14     | 05:09           |
| 22   | 358 | Tomasz Łukaszeński<br>5 km: 00:24:46   10 km: 00:50:43   | POL  |                    | Poznań       | 1959    | M60+       | 1              | 21 |   | 01:17:50    | 01:17:53     | 05:11           |
| 23   | 349 | Rafał Kasprzyk<br>5 km: 00:25:56   10 km: 00:51:56       | POL  | Sportowy Kaźmierz  | Kaźmierz     | 1974    | M40        | 8              | 22 |   | 01:18:51    | 01:18:51     | 05:15           |
| 24   | 324 | Aleksander Szymański<br>5 km: 00:25:45   10 km: 00:52:28 | POL  | Oleksy Biega       | Luboń        | 1972    | M40        | 9              | 23 |   | 01:19:02    | 01:19:14     | 05:16           |
| 25   | 334 | Sławomir Feliksiak<br>5 km: 00:27:25   10 km: 00:53:50   | POL  |                    | Poznań       | 1968    | M50        | 3              | 24 |   | 01:19:30    | 01:19:49     | 05:18           |
| 26   | 356 | Agnieszka Stachurska<br>5 km: 00:26:28   10 km: 00:53:16 | POL  | Koło brzeg biega   | Koło brzeg   | 1980    | K30        | 1              |    | 2 | 01:20:10    | 01:20:33     | 05:21           |
| 27   | 355 | Dagmara Henclewska<br>5 km: 00:27:20   10 km: 00:53:51   | POL  | 1988               | Poznań       | 1988    | K30        | 2              |    | 3 | 01:21:17    | 01:21:40     | 05:25           |
| 28   | 354 | Dominik Wnuk<br>5 km: 00:25:15   10 km: 00:51:22         | POL  | Zawiani Koło brzeg | Koło brzeg   | 1992    | M20        | 6              | 25 |   | 01:21:42    | 01:21:54     | 05:27           |
| 29   | 353 | Bartosz Szatkowski<br>5 km: 00:25:34   10 km: 00:53:14   | POL  |                    | Przeźmierowo | 1990    | M20        | 7              | 26 |   | 01:21:53    | 01:22:07     | 05:28           |
| 30   | 309 | Tadeusz Koroński<br>5 km: 00:26:57   10 km: 00:53:35     | POL  | parkrun Poznań     | Poznań       | 1970    | M40        | 10             | 27 |   | 01:21:38    | 01:22:14     | 05:27           |
| 31   | 329 | Anna Kowalczyk<br>5 km: 00:26:23   10 km: 00:54:44       | POL  |                    | Poznań       | 1995    | K20        | 1              |    | 4 | 01:22:13    | 01:22:35     | 05:29           |
| 32   | 330 | Klaudia Jędraszek<br>5 km: 00:26:23   10 km: 00:54:44    | POL  |                    | Paczkowo     | 1995    | K20        | 2              |    | 5 | 01:22:13    | 01:22:35     | 05:29           |
| 33   | 342 | Darek Kosiorek<br>5 km: 00:26:25   10 km: 00:54:11       | POL  |                    | Poznań       | 1967    | M50        | 4              | 28 |   | 01:22:32    | 01:22:45     | 05:30           |
| 34   | 326 | Artur Kubaczyk<br>5 km: 00:29:38   10 km: 00:57:11       | POL  |                    | Poznań       | 1989    | M30        | 7              | 29 |   | 01:22:51    | 01:23:11     | 05:31           |
| 35   | 307 | Michał Górny<br>5 km: 00:27:17   10 km: 00:54:56         | POL  | RAWA TEAM          | Mosina       | 1985    | M30        | 8              | 30 |   | 01:22:55    | 01:23:17     | 05:32           |
| 36   | 298 | Bartosz Rydz<br>5 km: 00:27:20   10 km: 00:56:08         | POL  |                    | Pałędzie     | 1980    | M30        | 9              | 31 |   | 01:24:40    | 01:25:07     | 05:39           |
| 37   | 350 | Adam Kowalski<br>5 km: 00:26:16   10 km: 00:54:46        | POL  | BARTYMAJOS         | Mielżyn      | 1964    | M50        | 5              | 32 |   | 01:25:23    | 01:25:24     | 05:42           |
| 38   | 345 | Sebastian Kiszka<br>5 km: 00:28:25   10 km: 00:57:59     | POL  |                    | Poznań       | 1973    | M40        | 11             | 33 |   | 01:26:37    | 01:26:40     | 05:46           |
| 39   | 328 | Piotr Wieczorek<br>5 km: 00:29:35   10 km: 00:58:43      | POL  | Alkorunners        | Plewiska     | 1979    | M40        | 12             | 34 |   | 01:26:16    | 01:26:42     | 05:45           |
| 40   | 343 | Hanka Michałowska<br>5 km: 00:28:21   10 km: 00:57:59    | POL  |                    | Poznań       | 1974    | K40        | 2              |    | 6 | 01:27:25    | 01:27:28     | 05:50           |

# VI Marceński Bieg Jesienny - 15 km

Poznań 03.11.2019 | Dystans: 15,00 km | Wyniki OPEN



| Msc. | Nr  | Imię i nazwisko   | Nar. | Klub           | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M  | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|---|------|----------------|-------------|---------|------------|----------------|----|----|-------------|--------------|-----------------|
| 41   | 320 | Adam Polański<br>5 km: 00:28:04   10 km: 00:56:18         | POL  |                | Nowy Tomyśl | 1978    | M40        | 13             | 35 |    | 01:27:20    | 01:27:45     | 05:49           |
| 42   | 305 | Aneta Andrzejczak<br>5 km: 00:29:14   10 km: 00:58:20     | POL  |                | Poznań      | 1983    | K30        | 3              |    | 7  | 01:27:29    | 01:27:51     | 05:50           |
| 43   | 325 | Przemysław Ruks<br>5 km: 00:28:50   10 km: 00:57:34       | POL  | Dziki Dzik     | Plewiska    | 1988    | M30        | 10             | 36 |    | 01:27:28    | 01:27:57     | 05:50           |
| 44   | 357 | Karol Nawrot<br>5 km: 00:28:50   10 km: 00:57:34          | POL  |                | Sady        | 1987    | M30        | 11             | 37 |    | 01:27:29    | 01:27:58     | 05:50           |
| 45   | 306 | Andrzej Wojciechowski<br>5 km: 00:28:11   10 km: 00:58:19 | POL  |                | Poznań      | 1979    | M40        | 14             | 38 |    | 01:28:08    | 01:28:20     | 05:53           |
| 46   | 312 | Barbara Jankowska<br>5 km: 00:29:54   10 km: 00:58:55     | POL  |                | Poznań      | 1975    | K40        | 3              |    | 8  | 01:28:34    | 01:29:05     | 05:54           |
| 47   | 300 | Anna Andre<br>5 km: 00:29:20   10 km: 00:59:09            | POL  |                | Konin       | 1991    | K20        | 3              |    | 9  | 01:29:19    | 01:29:25     | 05:57           |
| 48   | 292 | Krzysztof Biedalok<br>5 km: 00:30:35   10 km: 01:00:34    | POL  |                | Swarzędz    | 1984    | M30        | 12             | 39 |    | 01:29:42    | 01:29:57     | 05:59           |
| 49   | 323 | Borys Zwoliński<br>5 km: 00:28:51   10 km: 00:58:55       | POL  |                | Poznań      | 1980    | M30        | 13             | 40 |    | 01:29:56    | 01:30:13     | 06:00           |
| 50   | 335 | Agata Jurewicz<br>5 km: 00:30:24   10 km: 01:01:35        | POL  | Vege runners   | Poznań      | 1986    | K30        | 4              |    | 10 | 01:31:36    | 01:31:49     | 06:06           |
| 51   | 322 | Paweł Pohland<br>5 km: 00:29:54   10 km: 01:00:07         | POL  |                | Poznań      | 1984    | M30        | 14             | 41 |    | 01:31:30    | 01:32:05     | 06:06           |
| 52   | 317 | Kamila Piątek<br>5 km: 00:30:28   10 km: 01:01:18         | POL  |                | Dąbrówka    | 1989    | K30        | 5              |    | 11 | 01:31:45    | 01:32:05     | 06:07           |
| 53   | 346 | Krzysztof Knopp<br>5 km:   10 km:                         | POL  | Chris          | Poznań      | 1994    | M20        | 8              | 42 |    | 01:34:12    | 01:34:12     | 06:17           |
| 54   | 341 | Alicja Kukla-Kowalska<br>5 km: 00:30:40   10 km: 01:03:28 | POL  |                | Lusówko     | 1978    | K40        | 4              |    | 12 | 01:37:19    | 01:37:44     | 06:29           |
| 55   | 321 | Marek Józwiak<br>5 km: 00:30:13   10 km: 01:03:58         | POL  |                | Kobylnica   | 1952    | M60+       | 2              | 43 |    | 01:38:04    | 01:38:10     | 06:32           |
| 56   | 327 | Joanna Studnicka<br>5 km: 00:31:29   10 km: 01:05:09      | POL  | DRUŻYNA SZPIKU | Plewiska    | 1981    | K30        | 6              |    | 13 | 01:40:05    | 01:40:30     | 06:40           |
| 57   | 338 | Elżbieta Kąkolewska<br>5 km: 00:31:39   10 km: 01:05:04   | POL  |                | Młodasko    | 1973    | K40        | 5              |    | 14 | 01:41:03    | 01:41:19     | 06:44           |
| 58   | 315 | Szymon Grabny<br>5 km: 00:27:56   10 km: 00:58:56         | POL  | Symon          | Śrem        | 1994    | M20        | 9              | 44 |    | 01:42:50    | 01:43:01     | 06:51           |
| 59   | 332 | Tomasz Kościński<br>5 km: 00:33:57   10 km: 01:08:29      | POL  |                | Poznań      | 1952    | M60+       | 3              | 45 |    | 01:43:12    | 01:43:37     | 06:53           |
| 60   | 299 | Marta Binkowska<br>5 km: 00:30:36   10 km: 01:07:21       | POL  | Świerczewo Run | Poznań      | 1988    | K30        | 7              |    | 15 | 01:44:20    | 01:44:36     | 06:57           |

## VI Marceński Bieg Jesienny - 15 km

Poznań 03.11.2019 | Dystans: 15,00 km | Wyniki OPEN



| Msc. | Nr  | Imię i nazwisko                                  | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M  | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|--|------|------|-------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 61   | 344 | Ryszard Wilk<br>5 km: 00:34:05   10 km: 01:14:12 | POL  |      | Poznan      | 1948    | M60+       | 4              | 46 |   | 01:56:48    | 01:56:53     | 07:47           |