

XIX Atlantis Bieg Opolski

Organizator: Stowarzyszenie Bieg Opolski

Miejscowość i data: Opole, 03.07.2021

Klasyfikacja: Bieg 5 km

| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejscowość | Czas brutto | Czas netto | Tempo | K | M | Kat. MMO | Kat. MWO |
|---------|----------------|------|----------------------|---------|---|-------------|------------|-------|---|----|----------|----------|
| 1 | 777 | POL | Kokot Daniel | 1992 | Rajspport Active, Ozimek | 00:16:06 | 00:16:06 | 03:13 | | 1 | | 88888 |
| 2 | 603 | POL | Strzelczak Michał | 1990 | Eurovent Athletic Club, Opole | 00:16:24 | 00:16:24 | 03:16 | | 2 | 88888 | 88888 |
| 3 | 630 | POL | Rybiatek Piotr | 1990 | MultiFit, Zdzeszowice | 00:16:33 | 00:16:33 | 03:18 | | 3 | | 88888 |
| 4 | 632 | POL | Szenawa Łukasz | 2005 | Górki | 00:16:54 | 00:16:54 | 03:22 | | 4 | | 1 |
| 5 | 542 | POL | Sobczak Daniel | 1987 | KB Sobótka, Opole | 00:16:57 | 00:16:57 | 03:23 | | 5 | 1 | 2 |
| 6 | 635 | POL | Ossowski Arkadiusz | 1978 | Głogówek | 00:17:13 | 00:17:13 | 03:26 | | 6 | | 3 |
| 7 | 773 | POL | Ruszała Paweł | 1992 | PGE Elektrownia Opole, Kąty Opolskie | 00:17:18 | 00:17:18 | 03:27 | | 7 | | 4 |
| 8 | 583 | JPN | Kaisamot Kinimod | 1978 | Akujo no fuka-nasake, Tokyo | 00:17:31 | 00:17:31 | 03:30 | | 8 | 2 | 5 |
| 9 | 824 | POL | Napieraj Dominika | 1991 | Falstart Rudniki, Żytniów | 00:17:32 | 00:17:32 | 03:30 | | 1 | | 88888 |
| 10 | 693 | POL | Kuczyński Albert | 1987 | SBRT Wrocław, Brzeg | 00:17:51 | 00:17:51 | 03:34 | | 9 | | 6 |
| 11 | 599 | POL | Zieliński Marcin | 1990 | Athletics Nysa, Niemodlin | 00:18:02 | 00:18:02 | 03:36 | | 10 | | 7 |
| 12 | 762 | POL | Łopianiak Tomasz | 1975 | Eurovent Athletic Club, Opole | 00:18:21 | 00:18:21 | 03:40 | | 11 | 3 | 8 |
| 13 | 787 | POL | Strzelczak Robert | 1974 | Eurovent Athletic Club, Opole | 00:18:35 | 00:18:35 | 03:42 | | 12 | 4 | 9 |
| 14 | 808 | POL | Cebula Dawid | 1989 | Brożec | 00:18:37 | 00:18:37 | 03:43 | | 13 | | 10 |
| 15 | 528 | POL | Frank Aleksander | 1993 | KS Koziołek Kędzierzyn-Koźle, Reńska Wieś | 00:18:44 | 00:18:44 | 03:44 | | 14 | | 11 |
| 16 | 574 | POL | Kocanda Alina | 1986 | Rajspport Active, Opole | 00:18:54 | 00:18:54 | 03:46 | | 2 | 88888 | 88888 |
| 17 | 771 | POL | Piechowiak Mateusz | 1989 | Opole | 00:18:57 | 00:18:57 | 03:47 | | 15 | 5 | 12 |
| 18 | 736 | POL | Grzyb Krzysztof | 1972 | Gogolin | 00:18:59 | 00:18:59 | 03:47 | | 16 | | 13 |
| 19 | 840 | POL | Ignac Paweł | 1986 | Heavy Runs Light, Racibórz | 00:18:59 | 00:18:59 | 03:47 | | 17 | | |
| 20 | 623 | POL | Kwaśnicki Piotr | 1981 | Wolczyn biega, Wolczyn | 00:19:06 | 00:19:06 | 03:49 | | 18 | | 14 |
| 21 | 805 | POL | Ostolski Marek | 1979 | Wrocław | 00:19:09 | 00:19:09 | 03:49 | | 19 | | |
| 22 | 634 | POL | Koj Daniel | 1981 | Komorniki | 00:19:17 | 00:19:17 | 03:51 | | 20 | | 15 |
| 23 | 524 | POL | Długosz Paulina | 1997 | Matner Running Team, Brynica | 00:19:23 | 00:19:23 | 03:52 | | 3 | | 88888 |
| 24 | 704 | POL | Jadasz Anna | 1987 | Arkadiusz Gardzielewski Running Team/Vattenfall IT Services | 00:19:26 | 00:19:26 | 03:53 | | 4 | | 1 |
| 25 | 799 | POL | Korzeniowska Anna | 1993 | Prudnik | 00:19:33 | 00:19:33 | 03:54 | | 5 | | 2 |
| 26 | 725 | POL | Berlik Piotr | 1992 | Opole | 00:19:39 | 00:19:39 | 03:55 | | 21 | 6 | 16 |
| 27 | 590 | POL | Zych Rafał | 1977 | Stan Umysłu Lewin Biega, Mikolin | 00:19:40 | 00:19:40 | 03:56 | | 22 | | 17 |
| 28 | 621 | POL | Walecko Tomek | 2002 | Opole | 00:19:43 | 00:19:43 | 03:56 | | 23 | 7 | 18 |
| 29 | 576 | POL | Wojtkowski Mateusz | 1990 | Stan Umysłu Lewin Biega, Skorogoszcz | 00:19:46 | 00:19:46 | 03:57 | | 24 | | 19 |
| 30 | 530 | POL | Małek Kamil | 1991 | Opole | 00:19:47 | 00:19:47 | 03:57 | | 25 | 8 | 20 |
| 31 | 606 | POL | Czernek Darek | 1979 | Gogolin | 00:19:58 | 00:19:58 | 03:59 | | 26 | | 21 |
| 32 | 529 | POL | Chojna Wojciech | 1992 | Wieczorne Bieganie w Opolu, Opole | 00:20:00 | 00:20:00 | 04:00 | | 27 | 9 | 22 |
| 33 | 595 | POL | Pikos Patryk | 1987 | Polska Nowa Wieś | 00:20:02 | 00:20:02 | 04:00 | | 28 | | 23 |
| 34 | 737 | POL | Kownacki Jacek | 1972 | Wrocław | 00:20:04 | 00:20:04 | 04:00 | | 29 | | |
| 35 | 721 | POL | Zaremba Karol | 2002 | Olawa | 00:20:06 | 00:20:06 | 04:01 | | 30 | | |
| 36 | 537 | POL | Oliwa Piotr | 1984 | Opole | 00:20:08 | 00:20:08 | 04:01 | | 31 | 10 | 24 |
| 37 | 618 | POL | Wodzińska Danuta | 1978 | Krapkowice | 00:20:10 | 00:20:10 | 04:02 | | 6 | | 3 |
| 38 | 681 | POL | Legieć Michał | 1985 | Opole | 00:20:11 | 00:20:11 | 04:02 | | 32 | 11 | 25 |
| 39 | 687 | POL | Ślemp Łukasz | 1983 | Opole | 00:20:25 | 00:20:25 | 04:04 | | 33 | 12 | 26 |
| 40 | 579 | POL | Broj Natalia | 1987 | Opole | 00:20:27 | 00:20:27 | 04:05 | | 7 | 1 | 4 |
| 41 | 722 | POL | Sitnik Piotr | 1983 | Olawa | 00:20:35 | 00:20:35 | 04:07 | | 34 | | |
| 42 | 730 | POL | Gwóźdź Dawid | 1991 | Kurła Kaj ta meta?!, Strzelce Opolskie | 00:20:40 | 00:20:40 | 04:08 | | 35 | | 27 |
| 43 | 598 | POL | Hoczek Arkadiusz | 1973 | Kiedy się zmęczysz? Jutro!, Kolanowice | 00:20:41 | 00:20:41 | 04:08 | | 36 | | 28 |
| 44 | 545 | POL | Polek-Duraj Kornelia | 1977 | AKU AZS Politechnika Opolska, Murów | 00:20:57 | 00:20:57 | 04:11 | | 8 | | 5 |
| 45 | 765 | POL | Szumlak Krzysztof | 1984 | Opole | 00:21:11 | 00:21:11 | 04:14 | | 37 | 13 | 29 |
| 46 | 815 | POL | Popek Radosław | 1995 | Walce | 00:21:14 | 00:21:14 | 04:14 | | 38 | | 30 |
| 47 | 888 | POL | Nowicki Mateusz | 1995 | Wrocław | 00:21:15 | 00:21:15 | 04:14 | | 39 | | |
| 48 | 764 | POL | Malecha Piotr | 1990 | nowaARCHITEKTURA biuro architektoniczne Piotr Malecha, | 00:21:15 | 00:21:15 | 04:15 | | 40 | 14 | 31 |
| 49 | 786 | POL | Kocimska Katarzyna | 1978 | Eurovent Athletic Club, Opole | 00:21:29 | 00:21:29 | 04:17 | | 9 | 2 | 6 |
| 50 | 701 | POL | Kruczek Jacek | 1980 | Opole | 00:21:31 | 00:21:31 | 04:18 | | 41 | 15 | 32 |
| 51 | 699 | POL | Błaszczak Paweł | 1998 | TOGAR Opole, Opole | 00:21:35 | 00:21:35 | 04:18 | | 42 | 16 | 33 |
| 52 | 587 | POL | Kozimor Grzegorz | 1974 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:21:36 | 00:21:36 | 04:19 | | 43 | | 34 |
| 53 | 831 | POL | Skórski Wojciech | 1986 | Opole | 00:21:50 | 00:21:50 | 04:21 | | 44 | 17 | 35 |
| 54 | 832 | POL | Lasenga Piotr | 1992 | Opole | 00:21:54 | 00:21:54 | 04:22 | | 45 | 18 | 36 |
| 55 | 659 | POL | Będkowski Kamil | 1986 | Izba Adwokacka w Opolu, Opole | 00:21:57 | 00:21:57 | 04:23 | | 46 | 19 | 37 |
| 56 | 626 | POL | Antkiewicz Marcin | 1976 | Nysa | 00:21:59 | 00:21:59 | 04:23 | | 47 | | 38 |
| 57 | 792 | POL | Sołyga Anna | 1993 | Wieczorne Bieganie w Opolu, Opole | 00:22:00 | 00:22:00 | 04:23 | | 10 | 3 | 7 |
| 58 | 625 | POL | Bryła Ireneusz | 1987 | Victoria Badminton Domecko, Domecko | 00:22:05 | 00:22:05 | 04:24 | | 48 | | 39 |
| 59 | 540 | POL | Garczar Łukasz | 1981 | Wieczorne Bieganie w Opolu, Opole | 00:22:07 | 00:22:07 | 04:25 | | 49 | 20 | 40 |
| 60 | 575 | POL | Gruszczyński Piotr | 1980 | Kluczborska Grupa Biegowa, Bąków | 00:22:07 | 00:22:07 | 04:25 | | 50 | | 41 |
| 61 | 654 | POL | Komendera Marek | 1985 | Opole | 00:22:09 | 00:22:09 | 04:25 | | 51 | 21 | 42 |
| 62 | 546 | POL | Watofa Marek | 1979 | M&M, Pyskowice | 00:22:10 | 00:22:10 | 04:26 | | 52 | | |

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|---------|----------------|------|-------------------------|---------|-------------------------------------|-------------|------------|-------|----|----|----------|----------|
| 63 | 823 | POL | Diechciar Mateusz | 1981 | ECO S.A., Opole | 00:22:14 | 00:22:14 | 04:26 | | 53 | 22 | 43 |
| 64 | 838 | POL | Ryguła Anna | | Bieg Opolski, Opole | 00:22:18 | 00:22:18 | 04:27 | 11 | | 4 | 8 |
| 65 | 597 | POL | Maziarek Michał | 1982 | Niemodlin | 00:22:27 | 00:22:27 | 04:29 | | 54 | | 44 |
| 66 | 807 | POL | Monieta Piotr | 1991 | Pietna | 00:22:30 | 00:22:30 | 04:29 | | 55 | | 45 |
| 67 | 584 | POL | Maziarek Adela | 1982 | Niemodlin | 00:22:37 | 00:22:37 | 04:31 | 12 | | | 9 |
| 68 | 650 | POL | Grzemia Wojciech | 1991 | Opole | 00:22:39 | 00:22:39 | 04:31 | | 56 | 23 | 46 |
| 69 | 674 | POL | Michalak Jakub | 1990 | Izba Adwokacka w Opolu, Opole | 00:22:40 | 00:22:40 | 04:32 | | 57 | 24 | 47 |
| 70 | 668 | POL | Zapała Paweł | 1980 | Tymon Team Chróścina, Chróścina | 00:22:43 | 00:22:43 | 04:32 | | 58 | | |
| 71 | 676 | POL | Pustułka Adam | 1978 | Głogówek | 00:22:50 | 00:22:50 | 04:33 | | 59 | | 48 |
| 72 | 612 | POL | Gruchot Małgorzata | 1976 | WBO, Gogolin | 00:22:51 | 00:22:51 | 04:34 | 13 | | | 10 |
| 73 | 663 | POL | Kuban Paweł | 1991 | Izba Adwokacka w Opolu, Opole | 00:22:53 | 00:22:53 | 04:34 | | 60 | 25 | 49 |
| 74 | 589 | POL | Kiedrowicz Monika | 1992 | Krasnale, Olawa | 00:22:56 | 00:22:56 | 04:35 | 14 | | | |
| 75 | 608 | POL | Drozd Przemysław | 1972 | Rajspport Active, Opole | 00:23:09 | 00:23:09 | 04:37 | | 61 | 26 | 50 |
| 76 | 781 | POL | Szaforz Jolanta | 1996 | Opole | 00:23:10 | 00:23:10 | 04:37 | 15 | | 5 | 11 |
| 77 | 827 | POL | Czech Łukasz | 1998 | Bitcoin to the moon!, Opole | 00:23:10 | 00:23:10 | 04:38 | | 62 | 27 | 51 |
| 78 | 631 | POL | Tymura Marzena | 1986 | Opole | 00:23:20 | 00:23:20 | 04:40 | 16 | | 6 | 12 |
| 79 | 658 | POL | Antochów Mateusz | 1986 | Izba Adwokacka w Opolu, Opole | 00:23:21 | 00:23:21 | 04:40 | | 63 | 28 | 52 |
| 80 | 596 | POL | Petecki Michał | 1988 | Krapkowice | 00:23:23 | 00:23:23 | 04:40 | | 64 | | 53 |
| 81 | 750 | POL | Rozłucka Agnieszka | 1979 | Cyklofan, Opole | 00:23:27 | 00:23:27 | 04:41 | 17 | | 7 | 13 |
| 82 | 549 | POL | Klamka Rafał | 1983 | Wieczorne Bieganie w Opolu, Opole | 00:23:32 | 00:23:32 | 04:42 | | 65 | 29 | 54 |
| 83 | 770 | POL | Waluga Maciej | 1995 | TOGAR Opole, Opole | 00:23:32 | 00:23:32 | 04:42 | | 66 | 30 | 55 |
| 84 | 591 | POL | Owsiany Grzegorz | 1983 | Opole | 00:23:34 | 00:23:34 | 04:42 | | 67 | 31 | 56 |
| 85 | 505 | POL | Dudek Patryk | 1998 | Bitcoin to the moon!, Opole | 00:23:37 | 00:23:37 | 04:43 | | 68 | 32 | 57 |
| 86 | 557 | POL | Kudliński Łukasz | 1991 | Bór Zajaciński | 00:23:37 | 00:23:37 | 04:43 | | 69 | | |
| 87 | 649 | POL | Jeleń Zbigniew | 1988 | Opole | 00:23:37 | 00:23:37 | 04:43 | | 70 | 33 | 58 |
| 88 | 754 | POL | Rodak Konrad | 1995 | Towers Opole, Lisie Kąty | 00:23:43 | 00:23:43 | 04:44 | | 71 | | 59 |
| 89 | 739 | POL | Prorok Michał | 1990 | Opole | 00:23:44 | 00:23:44 | 04:44 | | 72 | 34 | 60 |
| 90 | 735 | POL | Prorok Alina | 1992 | Opole | 00:23:44 | 00:23:44 | 04:44 | 18 | | 8 | 14 |
| 91 | 729 | UKR | Onyshchuk Oleksandr | 1987 | ICZNIA, Icznia | 00:23:45 | 00:23:45 | 04:45 | | 73 | | |
| 92 | 720 | POL | Kowalczyk Michał | 1990 | Jelowa | 00:23:47 | 00:23:47 | 04:45 | | 74 | | 61 |
| 93 | 548 | POL | Pilawka Agata | 1997 | Opole | 00:23:48 | 00:23:48 | 04:45 | 19 | | 9 | 15 |
| 94 | 602 | POL | Pogrzeba Klaudia | 1995 | Brynica | 00:23:50 | 00:23:50 | 04:45 | 20 | | | 16 |
| 95 | 605 | POL | Pogrzeba Rafał | 1992 | Brynica | 00:23:50 | 00:23:50 | 04:45 | | 75 | | 62 |
| 96 | 778 | POL | Pawłowski Jakub | 1990 | Kotulin | 00:23:52 | 00:23:52 | 04:46 | | 76 | | |
| 97 | 522 | POL | Wośko Ania | 1994 | Opole | 00:23:54 | 00:23:54 | 04:46 | 21 | | 10 | 17 |
| 98 | 556 | POL | Wawrzyniak Magdalena | 1989 | 10 Brygada Logistyczna Opole, Opole | 00:23:59 | 00:23:59 | 04:47 | 22 | | 11 | 18 |
| 99 | 697 | POL | Waluś Tomasz | 1987 | KB Odra Opole, Opole | 00:24:04 | 00:24:04 | 04:48 | | 77 | 35 | 63 |
| 100 | 691 | POL | Urbanowski Aleks | 2004 | Kędzierzyn-Koźle | 00:24:05 | 00:24:05 | 04:49 | | 78 | | 64 |
| 101 | 896 | POL | Pancylejko Beata | | PACEMAKER 25:00 | 00:24:07 | 00:24:07 | 04:49 | 23 | | | |
| 102 | 609 | POL | Szubrycht Beata | 1971 | Strzelce Opolskie | 00:24:07 | 00:24:07 | 04:49 | 24 | | | 19 |
| 103 | 707 | POL | Dora Dariusz | 1974 | Klub Kokosa, Opole | 00:24:08 | 00:24:08 | 04:49 | | 79 | 36 | 65 |
| 104 | 769 | POL | Garus Tomasz | 1985 | TOGAR Opole, Opole | 00:24:12 | 00:24:12 | 04:50 | | 80 | 37 | 66 |
| 105 | 521 | POL | Juściński Przemysław | 1994 | Biegambolubie, Dobrzeń Wielki | 00:24:18 | 00:24:18 | 04:51 | | 81 | | 67 |
| 106 | 592 | POL | Lesiński Leszek | 1972 | Morsy Opole Aktywni, Opole | 00:24:24 | 00:24:24 | 04:52 | | 82 | 38 | 68 |
| 107 | 738 | POL | Hejn Marta | 1991 | Chróścice | 00:24:24 | 00:24:24 | 04:52 | 25 | | | 20 |
| 108 | 610 | POL | Dzierżanowski Tomasz | 1972 | Opole | 00:24:25 | 00:24:25 | 04:52 | | 83 | 39 | 69 |
| 109 | 788 | POL | Radosz Marcin | 1985 | Eurovent Athletic Club, Opole | 00:24:29 | 00:24:29 | 04:53 | | 84 | 40 | 70 |
| 110 | 755 | POL | Nicpoń Rafał | 1986 | Towers Opole, Opole | 00:24:42 | 00:24:42 | 04:56 | | 85 | 41 | 71 |
| 111 | 647 | POL | Zapalski Marek | 1974 | Miodary | 00:24:42 | 00:24:42 | 04:56 | | 86 | | 72 |
| 112 | 761 | POL | Namyslik Izabela | 1987 | Poreba | 00:24:43 | 00:24:43 | 04:56 | 26 | | | 21 |
| 113 | 695 | POL | Wielichowski Łukasz | 1982 | KB Odra Opole, Opole | 00:24:43 | 00:24:43 | 04:56 | | 87 | 42 | 73 |
| 114 | 516 | POL | Juściński Paweł | 1994 | Biegambolubie, Dobrzeń Wielki | 00:24:44 | 00:24:44 | 04:56 | | 88 | | 74 |
| 115 | 767 | POL | Anonim#250075 Frz | 1992 | Polaris Service Engineering, Opole | 00:24:47 | 00:24:47 | 04:57 | | 89 | 43 | 75 |
| 116 | 640 | POL | Gratkowski Paweł | 1983 | Opole | 00:24:55 | 00:24:55 | 04:59 | | 90 | 44 | 76 |
| 117 | 785 | POL | Zachariasz Małgorzata | 1988 | Eurovent Athletic Club, Opole | 00:24:58 | 00:24:58 | 04:59 | 27 | | 12 | 22 |
| 118 | 783 | POL | Badziński Adrian | 1989 | Opalenica | 00:24:59 | 00:24:59 | 04:59 | | 91 | | |
| 119 | 801 | POL | Przygodzki Adam | 1982 | Krapkowice | 00:25:02 | 00:25:02 | 05:00 | | 92 | | 77 |
| 120 | 744 | POL | Malinowski Aleksander | 1976 | Izba Adwokacka w Opolu, Opole | 00:25:06 | 00:25:06 | 05:01 | | 93 | 45 | 78 |
| 121 | 812 | POL | Szczepański Szymon | 1994 | Opole | 00:25:07 | 00:25:07 | 05:01 | | 94 | 46 | 79 |
| 122 | 580 | POL | Kołodziej Marek | 1971 | Opole | 00:25:11 | 00:25:11 | 05:02 | | 95 | 47 | 80 |
| 123 | 601 | POL | Stark Sebastian | 1983 | Wieczorne Bieganie w Opolu, Opole | 00:25:13 | 00:25:13 | 05:02 | | 96 | 48 | 81 |
| 124 | 565 | POL | Bartnik Ania | 1987 | Wieczorne Bieganie w Opolu, Opole | 00:25:13 | 00:25:13 | 05:02 | 28 | | 13 | 23 |
| 125 | 682 | POL | Kośniewska-Nowak Joanna | 1979 | Dębska Kuźnia | 00:25:19 | 00:25:19 | 05:03 | 29 | | | 24 |
| 126 | 558 | POL | Gachowski Jan | 1969 | Opole | 00:25:23 | 00:25:23 | 05:04 | | 97 | 49 | 82 |
| 127 | 611 | POL | Szrom Wojciech | 1986 | Opole | 00:25:30 | 00:25:30 | 05:05 | | 98 | 50 | 83 |
| 128 | 539 | POL | Demków Kamila | 1982 | Niemodlin | 00:25:32 | 00:25:32 | 05:06 | 30 | | | 25 |

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| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejsowość | Czas brutto | Czas netto | Tempo | K | M | Kat. MMO | Kat. MWO |
|---------|----------------|------|-------------------------|---------|--|-------------|------------|-------|----|-----|----------|----------|
| 129 | 694 | POL | Herman Bernard | 1967 | Ligota Prószkowska | 00:25:41 | 00:25:41 | 05:08 | | 99 | | 84 |
| 130 | 813 | POL | Ożóg Maciek | 2005 | Stowarzyszenie Czarny skład, Opole | 00:25:45 | 00:25:45 | 05:08 | | 100 | 51 | 85 |
| 131 | 666 | POL | Drozd Patryk | 1985 | Opole | 00:25:46 | 00:25:46 | 05:09 | | 101 | 52 | 86 |
| 132 | 585 | POL | Nowak Katarzyna | 1983 | Ligota Tułowicka | 00:25:52 | 00:25:52 | 05:10 | 31 | | | 26 |
| 133 | 763 | POL | Symula Dariusz | 1975 | Paczków | 00:25:54 | 00:25:54 | 05:10 | | 102 | | 87 |
| 134 | 780 | POL | Dresler Joachim | 1986 | Opole | 00:25:57 | 00:25:57 | 05:11 | | 103 | 53 | 88 |
| 135 | 717 | POL | Słabosz Łukasz | 1990 | Opole | 00:26:01 | 00:26:01 | 05:12 | | 104 | 54 | 89 |
| 136 | 837 | POL | Janków Lena | 2007 | KB Odra Opole, Opole | 00:26:02 | 00:26:02 | 05:12 | 32 | | 14 | 27 |
| 137 | 719 | POL | Świąg Radosław | 1979 | Opole | 00:26:07 | 00:26:07 | 05:13 | | 105 | 55 | 90 |
| 138 | 716 | POL | Gugulski Paweł | 1985 | Opole | 00:26:09 | 00:26:09 | 05:13 | | 106 | 56 | 91 |
| 139 | 675 | POL | Flank Paweł | 1974 | Zabiegane Dziary, Siechnice | 00:26:12 | 00:26:12 | 05:14 | | 107 | | |
| 140 | 757 | POL | Kochman Janusz | 1964 | KB Florian Zajaczki Drugie, Olesno | 00:26:13 | 00:26:13 | 05:14 | | 108 | | 92 |
| 141 | 828 | POL | Stanisławska Mariola | 1996 | Decathlon Opole, Opole | 00:26:13 | 00:26:13 | 05:14 | 33 | | 15 | 28 |
| 142 | 829 | POL | Lasota Monika | 2000 | Decathlon Opole, Opole | 00:26:14 | 00:26:14 | 05:14 | 34 | | 16 | 29 |
| 143 | 637 | POL | Jagielski Andrzej | 1988 | Biały Miś, Opole | 00:26:14 | 00:26:14 | 05:14 | | 109 | 57 | 93 |
| 144 | 582 | POL | Łacinnik Anna | 1975 | Opole | 00:26:16 | 00:26:16 | 05:15 | 35 | | 17 | 30 |
| 145 | 791 | POL | Bober Wojciech | 1989 | PieRUNskie canGÓRY, Rogów | 00:26:24 | 00:26:24 | 05:16 | | 110 | | 94 |
| 146 | 657 | POL | Bagińska Filina | 1985 | Opole | 00:26:26 | 00:26:26 | 05:17 | 36 | | 18 | 31 |
| 147 | 796 | POL | Anonim#250695 Greg | 1982 | Opole | 00:26:30 | 00:26:30 | 05:17 | | 111 | 58 | 95 |
| 148 | 669 | POL | Dominiak Dariusz | 1968 | Chrzastowice | 00:26:33 | 00:26:33 | 05:18 | | 112 | | 96 |
| 149 | 705 | POL | Kozłowski Mariusz | 1977 | KB Odra Opole, Opole | 00:26:35 | 00:26:35 | 05:19 | | 113 | 59 | 97 |
| 150 | 706 | POL | Kozłowska Małgorzata | 1981 | Opole | 00:26:36 | 00:26:36 | 05:19 | 37 | | 19 | 32 |
| 151 | 820 | POL | Harasimiuk Tomasz | 1996 | ECO S.A., Opole | 00:26:36 | 00:26:36 | 05:19 | | 114 | 60 | 98 |
| 152 | 753 | POL | Gaj-Jurczyk Renata | 1973 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:26:37 | 00:26:37 | 05:19 | 38 | | | 33 |
| 153 | 797 | POL | Szpetanowski Paweł | 1996 | AKU AZS Politechnika Opolska, Opole | 00:26:38 | 00:26:38 | 05:19 | | 115 | 61 | 99 |
| 154 | 760 | POL | Lepszy Weronika | 1994 | Opole | 00:26:39 | 00:26:39 | 05:19 | 39 | | 20 | 34 |
| 155 | 573 | POL | Haska Kasia | 1979 | Wieczorne Bieganie w Opolu, Suchy Bór | 00:26:40 | 00:26:40 | 05:19 | 40 | | | 35 |
| 156 | 700 | POL | Forc Grzegorz | 1979 | Opole | 00:26:41 | 00:26:41 | 05:20 | | 116 | 62 | 100 |
| 157 | 802 | POL | Nawrot Oliwia | 2003 | Murów | 00:26:42 | 00:26:42 | 05:20 | 41 | | | 36 |
| 158 | 614 | POL | Zieliński Anna | 1978 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:26:42 | 00:26:42 | 05:20 | 42 | | | 37 |
| 159 | 806 | POL | Petulko Kseniya | 1995 | Opole | 00:26:46 | 00:26:46 | 05:21 | 43 | | 21 | 38 |
| 160 | 581 | POL | Dacków Milena | 1987 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:26:48 | 00:26:48 | 05:21 | 44 | | | 39 |
| 161 | 836 | POL | Gruchalski Jakub | 1982 | Opole | 00:26:53 | 00:26:53 | 05:22 | | 117 | 63 | 101 |
| 162 | 562 | POL | Markiewicz Wiesław | 1957 | Gmina Murów, Kały | 00:26:55 | 00:26:55 | 05:23 | | 118 | | 102 |
| 163 | 782 | POL | Szaforz Marek | 1992 | Opole - Malina, Opole | 00:26:59 | 00:26:59 | 05:23 | | 119 | 64 | 103 |
| 164 | 774 | POL | Dylla Franz | 1948 | Tarnów Opolski | 00:26:59 | 00:26:59 | 05:23 | | 120 | | 104 |
| 165 | 688 | POL | Stadnicki Mateusz | 1992 | Grupa biegowa Między Nami Sportowcami, Opole | 00:27:01 | 00:27:01 | 05:24 | | 121 | 65 | 105 |
| 166 | 593 | POL | Pośrednia Teresa | 1976 | Wieczorne Bieganie w Opolu, Opole | 00:27:01 | 00:27:01 | 05:24 | 45 | | 22 | 40 |
| 167 | 779 | POL | Szwec Sylwia | 1979 | Opole | 00:27:02 | 00:27:02 | 05:24 | 46 | | 23 | 41 |
| 168 | 698 | POL | Walus Katarzyna | 1990 | KB Odra Opole, Opole | 00:27:08 | 00:27:08 | 05:25 | 47 | | 24 | 42 |
| 169 | 811 | POL | Badziński Damian | 1996 | Buk | 00:27:16 | 00:27:16 | 05:27 | | 122 | | |
| 170 | 617 | POL | Kozimor Róża | 1999 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:27:18 | 00:27:18 | 05:27 | 48 | | | 43 |
| 171 | 616 | PRT | Lemos Edgar | 1993 | Lewin Brzeski | 00:27:18 | 00:27:18 | 05:27 | | 123 | | 106 |
| 172 | 543 | POL | Szczepańska Bożena | 1976 | Morsy Opole Aktywni, Opole | 00:27:20 | 00:27:20 | 05:28 | 49 | | 25 | 44 |
| 173 | 749 | POL | Kalinowski Sebastian | 1973 | Czarny Skład, Opole | 00:27:22 | 00:27:22 | 05:28 | | 124 | 66 | 107 |
| 174 | 731 | POL | Urbaniak Jacek | 1960 | Opole | 00:27:24 | 00:27:24 | 05:28 | | 125 | 67 | 108 |
| 175 | 510 | POL | Chwastyk Ewa | 1985 | Opole | 00:27:27 | 00:27:27 | 05:29 | 50 | | 26 | 45 |
| 176 | 653 | POL | Ptak Leszek | 1972 | Zdzieszowice biega, Zdzieszowice | 00:27:27 | 00:27:27 | 05:29 | | 126 | | 109 |
| 177 | 509 | POL | Gosk Urszula | 1985 | Opole | 00:27:28 | 00:27:28 | 05:29 | 51 | | 27 | 46 |
| 178 | 517 | POL | Mazurek Grzegorz | 1975 | Gatta Solaris Opole, Opole | 00:27:31 | 00:27:31 | 05:30 | | 127 | 68 | 110 |
| 179 | 723 | POL | Surmińska Elwira | 1983 | Elwira Surmińska, Opole | 00:27:40 | 00:27:40 | 05:32 | 52 | | 28 | 47 |
| 180 | 822 | POL | Dziedziak Maciej | 1976 | ECO S.A., Opole | 00:27:43 | 00:27:43 | 05:32 | | 128 | 69 | 111 |
| 181 | 604 | POL | Duda Paweł | 1984 | NIEMODLIN BIEGA, Niemodlin | 00:27:45 | 00:27:45 | 05:32 | | 129 | | 112 |
| 182 | 740 | POL | Maszkowski Jacek | 1962 | Polska Nowa Wieś | 00:27:53 | 00:27:53 | 05:34 | | 130 | | 113 |
| 183 | 751 | POL | Jachno Krystyna | 1982 | Opole | 00:27:55 | 00:27:55 | 05:35 | 53 | | 29 | 48 |
| 184 | 662 | POL | Różańska-Ungur Patrycja | 1991 | Izba Adwokacka w Opolu, Opole | 00:27:57 | 00:27:57 | 05:35 | 54 | | 30 | 49 |
| 185 | 554 | POL | Śliwka Janusz | 1987 | Opole | 00:28:00 | 00:28:00 | 05:36 | | 131 | 70 | 114 |
| 186 | 728 | POL | Kiełb Bartosz | 1991 | Opole | 00:28:01 | 00:28:01 | 05:36 | | 132 | 71 | 115 |
| 187 | 563 | POL | Nakonieczna Jagoda | 1994 | Opole | 00:28:02 | 00:28:02 | 05:36 | 55 | | 31 | 50 |
| 188 | 816 | POL | Dajczak Joanna | 1991 | Wieczorne Bieganie w Opolu, Opole | 00:28:03 | 00:28:03 | 05:36 | 56 | | 32 | 51 |
| 189 | 665 | POL | Bajzert Bartosz | 1991 | Opole | 00:28:06 | 00:28:06 | 05:37 | | 133 | 72 | 116 |
| 190 | 572 | POL | Kubicki Mariusz | 1976 | Kozłowski Cross, Kluczbork | 00:28:15 | 00:28:15 | 05:39 | | 134 | | 117 |
| 191 | 703 | POL | Sypko-Kubicka Katarzyna | 1978 | Kluczbork | 00:28:15 | 00:28:15 | 05:39 | 57 | | | 52 |
| 192 | 686 | POL | Kawoń Andrzej | 1954 | Namysłów | 00:28:15 | 00:28:15 | 05:39 | | 135 | | 118 |
| 193 | 526 | POL | Osiński Ryszard | 1953 | Opole | 00:28:16 | 00:28:16 | 05:39 | | 136 | 73 | 119 |
| 194 | 678 | POL | Jandura Radosław | 1973 | BUDVAR Team, Opole | 00:28:18 | 00:28:18 | 05:39 | | 137 | 74 | 120 |

XIX Atlantis Bieg Opolski

| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejscowość | Czas brutto | Czas netto | Tempo | K | M | Kat. MMO | Kat. MWO |
|---------|----------------|------|--------------------------|---------|--|-------------|------------|-------|----|-----|----------|----------|
| 195 | 627 | POL | Kustra Karol | 1965 | Nysa | 00:28:19 | 00:28:19 | 05:39 | | 138 | | 121 |
| 196 | 752 | POL | Wanke Przemysław | 1982 | Opole | 00:28:21 | 00:28:21 | 05:40 | | 139 | 75 | 122 |
| 197 | 821 | POL | Maryniak Aleksandra | 1986 | ECO S.A., Opole | 00:28:23 | 00:28:23 | 05:40 | 58 | | 33 | 53 |
| 198 | 629 | POL | Zator Rafał | 1994 | Opole | 00:28:24 | 00:28:24 | 05:40 | | 140 | 76 | 123 |
| 199 | 532 | POL | Godzisz Sylwia | 1981 | Kotwica Brzeg, Piszczowice | 00:28:25 | 00:28:25 | 05:41 | 59 | | | 54 |
| 200 | 839 | POL | Siedlecka Ilona | 1983 | Kotwica Brzeg, Brzeg | 00:28:26 | 00:28:26 | 05:41 | 60 | | | 55 |
| 201 | 628 | POL | Walecko Anna | 1997 | Opole | 00:28:26 | 00:28:26 | 05:41 | 61 | | 34 | 56 |
| 202 | 550 | POL | Smolarek Elzbieta | 1984 | Matner running team, Wrocław | 00:28:26 | 00:28:26 | 05:41 | 62 | | | |
| 203 | 552 | POL | Konciała Dawid | 2003 | KB Odra Opole, Kotórz Mały | 00:28:27 | 00:28:27 | 05:41 | | 141 | | 124 |
| 204 | 759 | POL | Jaros Mirosław | 1976 | Izba Adwokacka w Opolu, Opole | 00:28:27 | 00:28:27 | 05:41 | | 142 | 77 | 125 |
| 205 | 758 | POL | Jaros Katarzyna | 1976 | Izba Adwokacka w Opolu, Opole | 00:28:28 | 00:28:28 | 05:41 | 63 | | 35 | 57 |
| 206 | 667 | POL | Malinowska Irena | 1976 | Izba Adwokacka w Opolu, Opole | 00:28:29 | 00:28:29 | 05:41 | 64 | | 36 | 58 |
| 207 | 660 | POL | Trzaskoś Liliana | 1986 | Izba Adwokacka w Opolu, Opole | 00:28:29 | 00:28:29 | 05:41 | 65 | | 37 | 59 |
| 208 | 814 | POL | Danieliszyn Dominika | 1981 | Opole | 00:28:30 | 00:28:30 | 05:42 | 66 | | 38 | 60 |
| 209 | 748 | POL | Dudka-Kalinowska Anna | 1975 | Czarny Skład, Opole | 00:28:30 | 00:28:30 | 05:42 | 67 | | 39 | 61 |
| 210 | 555 | POL | Gostyński Michał | 1978 | Opole | 00:28:32 | 00:28:32 | 05:42 | | 143 | 78 | 126 |
| 211 | 684 | POL | Primke Beata | 1970 | Wieczorne Bieganie w Opolu, Opole | 00:28:43 | 00:28:43 | 05:44 | 68 | | 40 | 62 |
| 212 | 789 | POL | Dziuba Ewelina | 1985 | Grodków | 00:28:44 | 00:28:44 | 05:44 | 69 | | | 63 |
| 213 | 622 | POL | Noga Katarzyna | 1976 | Wieczorne Bieganie w Opolu, Opole | 00:28:47 | 00:28:47 | 05:45 | 70 | | 41 | 64 |
| 214 | 519 | POL | Majer Marta | 1983 | Opole | 00:28:49 | 00:28:49 | 05:45 | 71 | | 42 | 65 |
| 215 | 613 | POL | Kobluk Jakub | 1987 | Biały Miś, Opole | 00:28:50 | 00:28:50 | 05:45 | | 144 | 79 | 127 |
| 216 | 534 | POL | Oszańca Bartosz | 1989 | Opole | 00:28:58 | 00:28:58 | 05:47 | | 145 | 80 | 128 |
| 217 | 594 | POL | Majka Bartosz | 1991 | Krasnale, Olawa | 00:29:02 | 00:29:02 | 05:48 | | 146 | | |
| 218 | 544 | POL | Majer Szymon | 1981 | Opole | 00:29:08 | 00:29:08 | 05:49 | | 147 | 81 | 129 |
| 219 | 800 | POL | Langer-Przygodzka Magda | 1985 | Krapkowice | 00:29:13 | 00:29:13 | 05:50 | 72 | | | 66 |
| 220 | 734 | POL | Anonim#249277 Zawodnik | 1985 | Zawada | 00:29:20 | 00:29:20 | 05:51 | | 148 | | 130 |
| 221 | 520 | POL | Anonim#245474 Zawodnik | 1986 | Zawada | 00:29:20 | 00:29:20 | 05:51 | 73 | | | 67 |
| 222 | 525 | POL | Juściński Jarosław | 1968 | Biegambolubie, Dobrze Wielki | 00:29:21 | 00:29:21 | 05:52 | | 149 | | 131 |
| 223 | 567 | POL | Jandura Magdalena | 1972 | BUDVAR Team, Opole | 00:29:25 | 00:29:25 | 05:53 | 74 | | 43 | 68 |
| 224 | 508 | POL | Tomalik-Węgrzyn Monika | 1987 | Opole | 00:29:26 | 00:29:26 | 05:53 | 75 | | 44 | 69 |
| 225 | 715 | POL | Ruhsza Mieczysław | 1962 | Opole | 00:29:28 | 00:29:28 | 05:53 | | 150 | 82 | 132 |
| 226 | 600 | POL | Forc Anita | 1976 | Opole | 00:29:30 | 00:29:30 | 05:54 | 76 | | 45 | 70 |
| 227 | 776 | POL | Madej Justyna | 1991 | Opole | 00:29:42 | 00:29:42 | 05:56 | 77 | | 46 | 71 |
| 228 | 538 | POL | Poznan Dorota | 1980 | Kotwica Brzeg, Brzeg | 00:29:45 | 00:29:45 | 05:56 | 78 | | | 72 |
| 229 | 899 | POL | Luboch Krzysztof | | PACEMAKER 30:00 | 00:29:54 | 00:29:54 | 05:58 | | 151 | | |
| 230 | 551 | POL | Lachowska-Kabata Brygida | 1993 | Panda team, Opole | 00:29:55 | 00:29:55 | 05:59 | 79 | | 47 | 73 |
| 231 | 714 | POL | Oborski Zbigniew | 1976 | Łosiów | 00:29:58 | 00:29:58 | 05:59 | | 152 | | 133 |
| 232 | 833 | POL | Horoszkiewicz Ewa | 1962 | Opole | 00:29:59 | 00:29:59 | 05:59 | 80 | | 48 | 74 |
| 233 | 834 | POL | Sochacki Andrzej | 1964 | Opole | 00:30:00 | 00:30:00 | 05:59 | | 153 | 83 | 134 |
| 234 | 502 | POL | Pacyna Angelika | 1996 | Opole | 00:30:03 | 00:30:03 | 06:00 | 81 | | 49 | 75 |
| 235 | 652 | POL | Rzepka Bernard | 1968 | Zdzieszowice biega, Zdzieszowice | 00:30:17 | 00:30:17 | 06:03 | | 154 | | 135 |
| 236 | 708 | POL | Mehl Paweł | 1961 | Opole | 00:30:22 | 00:30:22 | 06:04 | | 155 | 84 | 136 |
| 237 | 636 | POL | Pustułka Ewa | 1985 | Głogówek | 00:30:33 | 00:30:33 | 06:06 | 82 | | | 76 |
| 238 | 775 | POL | Greniuch-Sucharska Diana | 1980 | Pani, Lewin Brzeski | 00:30:35 | 00:30:35 | 06:06 | 83 | | | 77 |
| 239 | 711 | POL | Lis Tomasz | 1987 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:30:35 | 00:30:35 | 06:07 | | 156 | | 137 |
| 240 | 710 | POL | Lis Katarzyna | 1988 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:30:35 | 00:30:35 | 06:07 | 84 | | | 78 |
| 241 | 648 | POL | Świerczek Anna | 1969 | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:30:37 | 00:30:37 | 06:07 | 85 | | | 79 |
| 242 | 772 | POL | Furs Małgorzata | 1977 | Opole | 00:30:37 | 00:30:37 | 06:07 | 86 | | 50 | 80 |
| 243 | 790 | POL | Bednarz Robert | 1994 | Nysa | 00:30:53 | 00:30:53 | 06:10 | | 157 | | 138 |
| 244 | 803 | POL | Nawrot Dariusz | 1970 | Murów | 00:30:56 | 00:30:56 | 06:11 | | 158 | | 139 |
| 245 | 570 | POL | Jędrzejewska Klaudia | 1995 | Opole | 00:31:07 | 00:31:07 | 06:13 | 87 | | 51 | 81 |
| 246 | 571 | POL | Kozok Damian | 1995 | Krapkowice | 00:31:07 | 00:31:07 | 06:13 | | 159 | | 140 |
| 247 | 830 | POL | Ożóg Katarzyna | 1984 | Pole Smaków Katarzyna Ożóg, Czarnowasy | 00:31:09 | 00:31:09 | 06:13 | 88 | | 52 | 82 |
| 248 | 826 | POL | Bryś Marcelina | 2000 | Decathlon Opole, Opole | 00:31:24 | 00:31:24 | 06:16 | 89 | | 53 | 83 |
| 249 | 756 | POL | Smaza Małgorzata | 1976 | Izba Adwokacka w Opolu, Opole | 00:31:26 | 00:31:26 | 06:17 | 90 | | 54 | 84 |
| 250 | 726 | POL | Kruszewska Renata | 1972 | Wrocław | 00:31:29 | 00:31:29 | 06:17 | 91 | | | |
| 251 | 835 | POL | Cyfka Sławek | 1979 | Bieg Opolski, Bytom | 00:31:57 | 00:31:57 | 06:23 | | 160 | | |
| 252 | 680 | POL | Wodecka Marta | 1986 | GT Kona Opole, Opole | 00:32:16 | 00:32:16 | 06:27 | 92 | | 55 | 85 |
| 253 | 733 | POL | Janiczek Barbara | 1981 | WBO, Opole | 00:32:16 | 00:32:16 | 06:27 | 93 | | 56 | 86 |
| 254 | 638 | POL | Jagielska Sandra | 1988 | Biały Miś, Opole | 00:32:26 | 00:32:26 | 06:29 | 94 | | 57 | 87 |
| 255 | 553 | POL | Gielniak Anna | 1986 | Katowice | 00:33:01 | 00:33:01 | 06:36 | 95 | | | |
| 256 | 713 | POL | Oborska Magdalena | 1978 | Stan Umysłu Lewin Biega, Łosiów | 00:33:02 | 00:33:02 | 06:36 | 96 | | | 88 |
| 257 | 512 | POL | Krawczyk Przemysław | 1981 | Kalety | 00:33:13 | 00:33:13 | 06:38 | | 161 | | |
| 258 | 795 | POL | Poprawa Ewelina | 1980 | Opole | 00:33:22 | 00:33:22 | 06:40 | 97 | | 58 | 89 |
| 259 | 692 | POL | Urbanowska Marzena | 1979 | Kędzierzyn-Koźle | 00:33:26 | 00:33:26 | 06:41 | 98 | | | 90 |
| 260 | 670 | POL | Samborska Magda | 1991 | Opole | 00:33:31 | 00:33:31 | 06:42 | 99 | | 59 | 91 |

XIX Atlantis Bieg Opolski

| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejscowość | Czas brutto | Czas netto | Tempo | K | M | Kat. MMO | Kat. MWO |
|---------|----------------|------|-----------------------------|---------|--|-------------|------------|-------|-----|-----|----------|----------|
| 261 | 673 | POL | Helbin-Golasz Gabriela | 1973 | Footstep Cerekiew, Polska Cerekiew | 00:33:43 | 00:33:43 | 06:44 | 100 | | | 92 |
| 262 | 535 | POL | Maliszewski Bogusław | 1954 | Gliwice | 00:33:46 | 00:33:46 | 06:45 | | 162 | | |
| 263 | 560 | POL | Górecki Ryszard | 1965 | Gliwice | 00:33:46 | 00:33:46 | 06:45 | | 163 | | |
| 264 | 566 | POL | Węgrzynowicz Adam | 1969 | Opole | 00:34:13 | 00:34:13 | 06:50 | | 164 | 85 | 141 |
| 265 | 568 | POL | Węgrzynowicz Małgorzata | 1973 | Opole | 00:34:15 | 00:34:15 | 06:50 | 101 | | 60 | 93 |
| 266 | 527 | POL | Kaczmarek Maciej | 1993 | Opole | 00:34:15 | 00:34:15 | 06:51 | | 165 | 86 | 142 |
| 267 | 794 | POL | Poprawa Karol | 1983 | Opole | 00:34:16 | 00:34:16 | 06:51 | | 166 | 87 | 143 |
| 268 | 577 | POL | Garczar Dorota | 1981 | Wieczorne Bieganie w Opolu, Opole | 00:34:27 | 00:34:27 | 06:53 | 102 | | 61 | 94 |
| 269 | 712 | POL | Ziobrowska Agnieszka | 1981 | Biały Miś, Opole | 00:34:38 | 00:34:38 | 06:55 | 103 | | 62 | 95 |
| 270 | 643 | POL | Koczur-Miedziejko Magdalena | 1976 | Izba Adwokacka w Opolu, Opole | 00:34:38 | 00:34:38 | 06:55 | 104 | | 63 | 96 |
| 271 | 747 | POL | Kurdziel Rafał | 1978 | Siłą sprzed kompa oderwani, Opole | 00:34:41 | 00:34:41 | 06:56 | | 167 | 88 | 144 |
| 272 | 683 | POL | Piegoska Małgorzata | 1985 | Wieczorne Bieganie w Opolu, Opole | 00:34:42 | 00:34:42 | 06:56 | 105 | | 64 | 97 |
| 273 | 531 | POL | Idzikowska Daria | 1991 | Opole | 00:34:56 | 00:34:56 | 06:59 | 106 | | 65 | 98 |
| 274 | 564 | POL | Dąbrowski Ireneusz | 1970 | Opole | 00:34:56 | 00:34:56 | 06:59 | | 168 | 89 | 145 |
| 275 | 766 | POL | Marczak Anna | 1987 | Opole | 00:35:15 | 00:35:15 | 07:02 | 107 | | 66 | 99 |
| 276 | 569 | POL | Kilijanek Izabela | 1976 | Wieczorne Bieganie w Opolu, Dobrzeń Wielki | 00:36:06 | 00:36:06 | 07:13 | 108 | | | 100 |
| 277 | 501 | POL | Pławiak Aleksandra | 1989 | Opole | 00:36:55 | 00:36:55 | 07:22 | 109 | | 67 | 101 |
| 278 | 727 | POL | Niewiara Marta | 1991 | Opole | 00:38:16 | 00:38:16 | 07:39 | 110 | | 68 | 102 |
| 279 | 784 | POL | Kurdziel Piotr | 2004 | Siłą sprzed kompa oderwani, Opole | 00:38:33 | 00:38:33 | 07:42 | | 169 | 90 | 146 |
| 280 | 518 | POL | Marczak Barbara | 1976 | Opole | 00:39:41 | 00:39:41 | 07:56 | 111 | | 69 | 103 |
| 281 | 504 | POL | Bułatowicz Monika | 1997 | Opole | 00:39:43 | 00:39:43 | 07:56 | 112 | | 70 | 104 |
| 282 | 810 | POL | Sikora Małgorzata | 1984 | Body Challenge Opole, Opole | 00:41:28 | 00:41:28 | 08:17 | 113 | | 71 | 105 |
| 283 | 809 | POL | Sikora Marek | 1988 | Body Challenge Opole, Opole | 00:41:29 | 00:41:29 | 08:17 | | 170 | 91 | 147 |
| 284 | 644 | POL | Michniewicz Tadeusz | 1959 | Knurów | 00:42:13 | 00:42:13 | 08:26 | | 171 | | |
| 285 | 533 | POL | Kwoczała Zygmunt | 1949 | Szalsza | 00:44:54 | 00:44:54 | 08:58 | | 172 | | |
| 286 | 541 | POL | Kwoczała Tomasz | 1976 | Szalsza | 00:44:55 | 00:44:55 | 08:59 | | 173 | | |
| 287 | 511 | POL | Liber Joanna | 1998 | Opole | 00:45:06 | 00:45:06 | 09:01 | 114 | | 72 | 106 |
| 288 | 745 | POL | Kubica Marta | 1976 | Izba Adwokacka w Opolu, Opole | 00:45:23 | 00:45:23 | 09:04 | 115 | | 73 | 107 |
| 289 | 746 | POL | Schonfelder Agnieszka | 1976 | Izba Adwokacka w Opolu, Opole | 00:45:23 | 00:45:23 | 09:04 | 116 | | 74 | 108 |
| 290 | 818 | POL | Bartoszewicz Władysław | 1950 | ECO S.A., Opole | 00:46:43 | 00:46:43 | 09:20 | | 174 | 92 | 148 |
| 291 | 819 | POL | Hałon Andrzej | 1954 | ECO S.A., Opole | 00:46:43 | 00:46:43 | 09:20 | | 175 | 93 | 149 |
| 292 | 898 | POL | Polak Rafał | | PACEMAKER 20:00 | 00:50:02 | 00:50:02 | 10:00 | | 176 | | |
| DNS | 620 | POL | Harynek Robert | 1984 | Krapkowice | | | | | | | |
| DNS | 677 | POL | Ilczyszyn Dominika | 1977 | Zabrze | | | | | | | |
| DNS | 588 | POL | Kozimor Alicja | 1975 | Stan Umysłu Lewin Biega, Lewin Brzeski | | | | | | | |
| DNS | 624 | POL | Kudliński Marcin | 1989 | Bór Zajaciński | | | | | | | |
| DNS | 798 | POL | Langner Patrycja | 1998 | Jelowa | | | | | | | |
| DNS | 513 | POL | Lech Łukasz | 1996 | Opole | | | | | | | |
| DNS | 641 | POL | Misiak Jacek | 1981 | Głogówek | | | | | | | |
| DNS | 578 | POL | Miśków Jarosław | 1974 | Opole | | | | | | | |
| DNS | 825 | POL | Świątłoch Paweł | 1982 | KB Odra Opole, Opole | | | | | | | |
| DNS | 515 | POL | Świdorski Mikołaj | 2004 | Mała Wieś | | | | | | | |
| DNS | 547 | POL | Watoła Monika | 1985 | M&M, Pyskowice | | | | | | | |
| DNS | 615 | POL | Zielinska Weronika | 2002 | Lewin Brzeski | | | | | | | |